

News Bulletin

SANATORIUM *The* **BOARD** **OF MANITOBA**

VOL. 7, NO. 9

PUBLISHED BY THE SANATORIUM BOARD OF MANITOBA, WINNIPEG

OCTOBER, 1965



THE SANATORIUM BOARD'S X-RAY UNIT pays frequent visits to areas where the incidence of tuberculosis is higher than average. In the Duck Bay-Camperville area, where eight new active cases have been reported in the past two years, school children wait their

Board to Establish a Special Rehabilitation Unit at Ninette

The Sanatorium Board announced plans this month to expand rehabilitation services for socially and vocationally handicapped persons by developing a social orientation and work conditioning unit at Manitoba Sanatorium, Ninette.

The project will be in operation by November 1. It will incorporate the same philosophy and criteria as that presently used at the Sanatorium Board's Rehabilitation Unit in Brandon, providing guidance, counselling and other needed services to persons who lack work experience, have no work skills, insufficient schooling, language problems and little or no knowledge about living successfully in a city.

Films will be used extensively during the sessions, interviews with employers will be simulated and rehabilitants will be given guidance in applying for jobs. Whenever possible, they will also visit outside industries and places of interest.

An important feature of the program will be a workshop designed primarily to assess the rehabilitant's work potential and work habits. The workshop in the beginning is

WE HELP OURSELVES — WHEN WE HELP OTHERS

The month of October, we remind our readers, is the time of the year when a number of communities conduct organized appeals that give all of us an opportunity to dig into our pockets to provide essential help for the less fortunate. In Greater Winnipeg, the United Way is holding its first appeal on behalf of more than 50 separate agencies. We invite your support of this great community effort.

Because some people have asked us, perhaps we should make clear now that the United Way, which is purely a fund-raising operation, will not affect the sale of Tuberculosis Christmas Seals which have become so much a part of the Christmas tradition in Manitoba.

Ever since they went on sale nationally in 1927, Christmas Seals in Canada have had two major goals:

1. *Christmas Seals educate people about tuberculosis* and remind them that tuberculosis is still our most costly communicable disease.

We are fortunate that we have made great progress in Manitoba and in Canada; yet there are some 15 million people in the world

suffering from active tuberculosis and, unless our preventive and control measures are fully maintained and our own people are kept conscious of the need for preventive measures, tuberculosis can still be a great hazard right here in Manitoba.

Using Christmas Seals on your holiday mail shows your interest and participation in preventing needless illness, with all the social and economic burdens it entails.

2. *Christmas Seals raise money to prevent tuberculosis.* Large amounts are not asked for from any individual or business firm. Nevertheless thousands of people who, through donations, annually support the Christmas Seal Fund in Manitoba enable the Sanatorium Board to carry on an active tuberculosis preventive service in all parts of the province. There is a saying that "No home is safe from tuberculosis until all are safe." In contributing to the Christmas Seal Fund, we help to guard our own health as well as the health of others.

* * *

The anti-tuberculosis campaign conducted by the Sanatorium Board

(Continued on page 2)

to Sanatorium Board patients, nor to Indians, Eskimos and Metis, but will be available to any person (17 years of age or over) in need of special guidance. It will be closely allied with the new provincial "job help" program which is designed to meet the employment needs of people of Indian and Metis ancestry.

The plan at present is to convert No. 2 Pavilion at Ninette into a residence for 10 to 15 individuals (initially males), which will give rehabilitants as much as possible a normal urban home environment.

The rehabilitants will go through an average work day, taking part in classes and other activities from 8:30 a.m. to 4:30 p.m. Although schooling will be an important part of the program, more emphasis will be placed on group and individual counselling on such topics as grooming, budgeting of time and money, social courtesies and responsibilities of citizenship.

ware, and from the sale of the products, it is hoped that it will eventually become self-supporting.

Direct supervision at the unit will be kept to a minimum; the unit staff will comprise a supervisor, (Lynn Kuzenko), a teacher-counsellor and two other counsellors. There will be an advisory committee composed of: W. A. Sutherland, regional director of the Department of Welfare in Brandon; Mrs. G. Godmaire, executive director of the Brandon Indian and Metis Friendship Centre; R. A. Jones, supervisor of the Brandon Vocational Training Centre; Dr. A. L. Paine, medical superintendent of the Manitoba Sanatorium; N. Kilburg, hospital manager; Miss Gertrude Manchester, supervisor of the sanatorium teaching staff; the staff of the unit and R. G. Butterfield, supervisor of the Board's Special Rehabilitation Services.

(Continued on page 3)



Address all communications to:
THE EDITOR, SBM NEWS BULLETIN,
800 Sherbrook Street, Winnipeg 2, Manitoba
Authorized as second class mail, Post Office Dept., Ottawa,
and for payment of postage in cash.

ALBERT E. LONGSTAFFE

The Sanatorium Board regretfully records the death on September 24 of Albert E. Longstaffe, for five years a valued member of our Executive Committee and since 1959 an honorary life member of the Board.



Mr. Longstaffe, who retired in 1956 as general manager of Weston Bakeries, was an outstanding citizen; a warm-hearted, generous man who devoted a good part of his life to the public welfare.

He was born in Essex, England, and came to Canada as a boy in 1905. He entered the baking business in Toronto and in 1910 moved out to Winnipeg to take a post with the Speirs Parnell Bakery. Subsequently he became general manager of the company and continued in that capacity when the firm became Weston Bakeries Ltd.

During his lifetime, Mr. Longstaffe maintained an extremely busy pace in community life, and was active in many business, social, sports and health organizations. He served on the Advisory Board of the Winnipeg Salvation Army, was a former chairman of the Winnipeg branch of the Canadian Cancer Society and honorary secretary of the Canadian Save the Children Fund.

He was a past master of Dormer Masonic Lodge, a member of the Scottish Rite of Freemasonry and Khartum Temple of the Shrine, past president of the Winnipeg Kiwanis Club and former lieutenant governor of Kiwanis, Western Canada, District 2. Among many other posts, he was also past president of the Winnipeg Chamber of Commerce, the Winnipeg Executives Association and the Winnipeg Rugby Football Club.

For his outstanding contributions he received the Community Service Award from the City of Winnipeg in 1963.

Mr. Longstaffe joined the Sanatorium Board in 1955 and for several years acted as chairman of the Dynevor Indian Hospital Administration Committee. After the closing of the hospital he continued to give the Board his wise counsel as Vice-chairman of the Administration and Finance Committee. Owing to ill health he was forced to give up active membership on the Board in 1960

Brandon A.C.T. Begins Fall Series Of "Search for Talent" Broadcasts

Twenty years ago the Associated Canadian Travellers in Brandon threw their full support behind the Sanatorium Board's campaign against tuberculosis. As one of their first projects the members decided to outfit the Board with a new mobile chest x-ray unit — and to raise the necessary funds they staged the first of a long series of "Search for Talent" radio broadcasts.

Today, the Brandon Travellers remain among our most enthusiastic supporters. In recent years their assistance has been directed to our extended treatment hospital in Brandon, and to raise the funds for their special work they still depend heavily on the "Search for Talent" contests.

And so this month, on the 20th anniversary of the shows, the three-hour Saturday night broadcasts again go on the air. Broadcast free of charge by Brandon's Radio Station CKX, the first will be heard from Souris on October 23, and the others from Sandy Lake (November 6), Rivers (November 13), Ninette (November 20) and Brandon (November 27).

The organizer this year is the club's TB Chairman Frank Cullen who works with some 20 other

members to organize the shows. In each community the club contacts a local organization who will be responsible for recruiting the contestants and sell tickets.

Briefly, the program works this way: About 20 contestants take part in the show and from among these contestants the audience chooses three talent winners and a popularity winner.

It is the popularity contest that brings in the money, for the winner is chosen solely on the number of dollars the audience pledges in his or her favor. The popularity winners then go on to compete for a Rose Bowl award at a final half-hour show in December.

Old-timers and youngsters take part in the fun-filled contests, and over the years this special project has been well received by the people of Western Manitoba. Around 300 people turn out for each broadcast, and through the four shows staged by the club last spring alone, members managed to raise some \$3,000.

Altogether through these shows and other fund-raising projects, the Brandon A.C.T. has donated \$236,000 to the Sanatorium Board's work.

attended our annual meetings regularly.

Mr. Longstaffe was a good friend and in his death we miss him greatly.

ADA A. CHORNOMORETZ

With sadness we report the death September 21 of Ada A. Chornomoretz, a former member of the Sanatorium Board nursing staff and wife of Dr. Alexander P. Chornomoretz, resident physician at Manitoba Sanatorium, Ninette.

Mrs. Chornomoretz was born in Manchester, England, in 1913 and was educated in both England and Switzerland. She came to Canada with her Ukrainian-born husband in 1950 and lived in Prince Rupert, Toronto and Fort William before Dr. Chornomoretz took a post with the resident medical staff at Clearwater Lake Hospital, The Pas, in November 1956.

In 1958 Mrs. Chornomoretz joined our nursing staff at Clearwater and for the next five years she gave loyal and distinguished service on the children's ward. She loved children and had a special way with them, which made her most valuable to the Sanatorium Board.

We mourn her death and wish to express to Dr. Chornomoretz our deepest sympathy and sense of loss.

B'nai B'rith Chapter Plans Program for Patients

A new feature has been added to our recreation program for patients at the Manitoba Rehabilitation this month with the organization of special evenings of entertainment.

The Aviva Chapter of the B'nai B'rith of Winnipeg have undertaken this fine project under the chairmanship of Mrs. Benjamin Shillinger and co-chairmanship of Mrs. G. G. Kay.

The entertainment will be held twice monthly and after a program, planned to include variety shows,

concerts, games and other group activities, refreshments will be served.

The first event took place October 20 when patients were treated to a program that included a variety concert and sing song provided by the Komar Accordion School and a demonstration by the Ken Matthews Dance School.

The next entertainments are scheduled for November 17, December 1 and December 15. A Christmas party has been planned for this last date.

W. A. Paton Appointed to the Board

We are pleased to announce the appointment of W. A. "Bill" Paton to membership on the Sanatorium Board. Mr. Paton, who will represent the 173 members of the Associated Canadian Travellers, Brandon Club, attended his first meeting of the Board on September 21 at Assiniboine Hospital.

A member of the Brandon A.C.T. since April, 1952, Mr. Paton has been an energetic organizer of many club projects. As TB Chairman in 1956, he was responsible for the club's fund-raising "Search for Talent" radio broadcasts. He was also vice-president of the club and for many years he has had a leading role in the organization of the Travellers' Day Parade, a combined A.C.T. and United Commercial Travellers' project which annually leads off the Provincial Exhibition. He is a former chairman of the Parade Committee, and during the past few years has served as the Parade Marshal.

Mr. Paton, who was born and raised in Saltcoats, Saskatchewan, came to Brandon some 25 years ago and for 16 years worked for Western Grocers. For the past nine years he has been a salesman with Western Motors in Brandon.

He is married and his wife, Marjorie, is a past president of the A.C.T. Ladies' Auxiliary in Brandon, another outstanding group which over the years has maintained a library at our Assiniboine Hospital and has donated special equipment to the hospital.



W. A. PATON

WE HELP OURSELVES

(Continued from page 1)

of Manitoba is a direct, province-wide, year-round public health service. It needs the co-operation of everyone to make it successful, since participation is voluntary.

And finally, our anti-tuberculosis campaign is a vital part of a very old national and international movement that works to protect people from a vicious communicable disease that around the world claims three million lives and three million new victims annually.

We ask the people of Manitoba to bear these thoughts in mind when next month we once again embark on our annual Christmas Seal Campaign.

A Journey North With Our Tuberculosis Clinics

To one who works for the Sanatorium Board, and whose job is closely tied to tuberculosis prevention, it is tremendously satisfying to see our X-ray van on the road. Big crimson and green letters spell out a well-

known message to people everywhere. "This Service Provided By Christmas Seals. Protect Your Health! Be Safe. Be Sure. Be X-rayed . . . regularly."

The Unit is on the road the year 'round, and on this occasion, on a golden October morning, we accompanied it on a 300-mile jaunt to Duck Bay and Camperville where consultant chest clinics had been scheduled. The consultant (traveling) clinics are the oldest of the Sanatorium Board's tuberculosis preventive services. Begun in 1926, they are designed solely for the examination of former sanatorium patients and TB suspects and contacts, and in high incidence areas such as Duck Bay and Camperville, they remain a particularly important health service.

Nestled in the tamarack country of central Manitoba, on the isolated west shore of Lake Winnipegosis, the villages of Duck Bay and Camperville are what government officials refer to as economically depressed areas. Most of the inhabitants are of Indian ancestry, who eke out a bare subsistence from fishing, berry and root picking, bushwork and trapping. The comfortable life, as we know it, has

The Sanatorium Board's x-ray van visits the area often. On this occasion there were six in the party: Dr. Paul Mari of the Central Tuberculosis Clinic, supervising radiographer Alec Roh, technicians Rod Berrington and Garth Barrett, and two public health nurses from the Swan Valley Health Unit. The nurses had already notified the residents of our arrival, and when the big white van lumbered up to the Oblate Mission at Duck Bay a welcoming party was waiting.

Throughout the morning the patients trudged through the doctor's makeshift office, then out to the unit for their x-ray. They didn't have to be told how to stand in front of the machine — and mothers, without direction, obligingly arranged their young in the proper "x-ray position".

The troubles they poured out to the doctor sometimes had little to do with tuberculosis. Despite the fact that most of the men engage in some seasonal work, the money they make is not always enough to support their families and often they must depend on welfare assistance. Alcoholism and delinquency are growing problems. As soon as they are old enough to get



Main street, Camperville. Many of the 600 villagers find seasonal employment in fishing, cutting brush and picking berries and senega roots.

room, the father of seven and the husband of ex-sanatorium patient and practical nurse Rita Guiboche, puts it: "The people here have their own way of life. They cling to it . . . and even when they do leave, they are drawn back to it. They're in a rut . . . and they don't know how to get out of it."

Various agencies are trying to do their best for the people. The provincial government is now beginning to relocate families in more opportune surroundings and, to-

in the area, after which they would take the unit down to the Indian residential schools at Dauphin, Birtle, Sandy Bay and Portage la Prairie.

In the course of a year, many thousands of people visit our mobile clinics. A good number of them are contributors to our annual fundraising campaign and, as such, are responsible for the continuation of this vital community health service.

Others, like the villagers at Duck Bay and Camperville, have quite possibly never seen a Christmas

modern conveniences in the small "unimproved" or "somewhat improved" wooden houses that line the dusty roads, and the villagers still haul all their water by wagon and team from the lake. Under these primitive conditions there are many health hazards: notably, skin disorders, dysentery and chest conditions.

SA



SIU

At Duck Bay, technician Rod Berrington positions a young TB contact for a chest x-ray while his mother looks on.

tions, many of the young people leave the settlement to look for work at the mines and hydro installation at Thompson and Grand Rapids, or the pulp mills at Pine Falls and Dryden. A few of them never come back, but many do. As Ferdinand Guiboche, the more prosperous proprietor of two general stores, a service station and pool

as the Sanatorium Board, prepare them and train them for skilled jobs.

The local health unit continues its year 'round work to preserve the health of the people, carrying out extensive immunization programs, well baby clinics and similar services. Attention is focused primarily on the young, and it is also on the children that the good sisters at the mission schools have pinned their hopes.

At present there are about 400 pupils enrolled in the two schools at Duck Bay and Camperville. When and if they complete Grade 8 they are bussed out to the high school at Winnipegosis. So far, according to the undiscouraged sisters, a few — a handful — have reached Grade 12.

* * *

At Camperville, the last of the patients had been seen by mid-afternoon and the enthusiastic Alec Roh, reluctant to see the unit idle, hustled away to arrange the x-raying of the school children. In twos, they filed out of the neat white schoolhouse and down the path to the village gymnasium where the van was parked. While waiting their turn at the machine, the lineup dissolved and the children raced about, laughing and chattering and asking the doctor to play.

On that happy note we parted company with the Sanatorium Board crew and headed back to Winnipeg and the Feast of Thanksgiving. The next day the technicians would begin a general x-ray survey of all residents and school children

as well as anyone — and, happily, reap the benefits.

Resistance to Drugs

According to evidence gathered so far by the Hamilton Health Association Laboratories, five percent of newly found cases of tuberculosis in Canada are resistant to at least one of the anti-tuberculosis drugs.

This means that approximately 250 newly discovered cases each year in Canada start treatment with some drug resistance.

Resistance to one drug was found much more frequently than resistance to a combination of drugs. The most commonly involved drug was the one first discovered — streptomycin, to which there was resistance in over half of the resistant strains.

The drug PAS ranked next; slightly under one-half of the resistant strains showed resistance to it. Only one-third of the resistant strains involved the third drug, INH.

NINETTE UNIT

(Continued from page 1)

According to Mr. Butterfield, the unit will serve as a kind of stepping stone to a new way of life. "It is not suggested," he said, "that as a result of three or four months in the Unit an individual will suddenly be able to accept a whole new set of social standards and values. The Unit will just be the beginning."

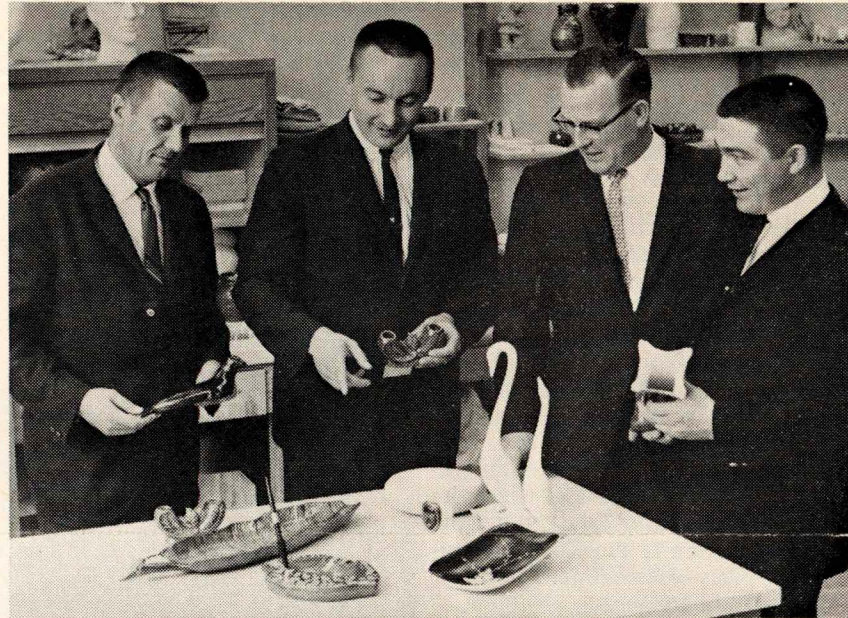
New Personnel

At the Manitoba Rehabilitation Hospital we have many new staff members to get acquainted with this month.

Among the new personnel we welcome are physiotherapists *Miss Celia M. Deeming*, a 1964 graduate of the School of Physiotherapy in Manchester, England, and *Miss Jillian Craik*, who just came to Canada and is a graduate of the West Australian School of Physiotherapy, Perth. New occupational therapists are *Miss Mary Johnston*, an Irish girl who trained at the Derby (England) School of Occupational Therapy and took post-graduate work at the Centre for Spastic Children in London, and *Miss Jane Simpson*, a graduate of Liverpool School of Occupational Therapy and formerly deputy head of the O.T. Department at Warlingham Park Hospital in Surrey, and *Miss Lynda Grenkie*, who received her O.T. Diploma at McGill University.

Mrs. Catherine M. Hylton, who for the past five years did interviewing and organizing for the British Sailors Society in London, England, has joined our Social Service Department, and *Peter Humenik*, who holds his B.A. from the University of Manitoba and his M.A. in audiology from Northwestern University, Chicago, has been appointed to the Speech Therapy Department as clinical audiologist.

Recent additions to the nursing



PATIENTS AND REHABILITANTS GO INTO BUSINESS—From left to right, Robert Gregg, Supervisor Roger Butterfield, James Peters and Robert McKenzie inspect pottery made by patients and rehabilitants at Manitoba Sanatorium, Ninette. The pieces were produced, under the instruction of Murray McCausland, in a special workshop set up by the Sanatorium Board for the assessment of work habits and work potential. It is hoped that through the sale of the ceramic ware the workshop will become self-supporting. Rehabilitants and patients (who are well enough) receive an hourly wage for their work which ranges from standard ash trays, figurines and candle holders to special Eskimo-designed pieces. (Photo by Tony Gibson).

Recreation Club Elects New Officers

Congratulations and a warm welcome to *Mrs. Cynthia Sabine* of the Central Tuberculosis Clinic nursing staff, who last month was elected president of the Manitoba Rehabilitation Hospital Chapter of the Manitoba Medical Centre Recreation Club.

The election of the 1965-66 executive took place at an open meeting attended by about a score of Sanatorium Board staff members in the Manitoba Rehabilitation Hospital auditorium on September 23.

Other officers elected by acclamation were: Vice-president, *Miss F. I. M. Thorne*, SBM, nursing

Bulletin Board

This month we proudly honor **Dr. D. L. Scott** and the staff of the Central Tuberculosis Clinic who on October 2 observed the 35th anniversary of the clinic's founding. Dr. Scott was there that day when 16 beds were made available for diagnosis and observation of tuberculosis patients in a small brick building at Olivia street and Bannatyne avenue.

Within the next two years a new wing was added to the clinic, bringing the bed capacity up to 52, and in 1946, with the expansion of the Sanatorium Board's tuberculosis treatment and preventive facilities, the Board moved its centre of activity from **Manitoba Sanatorium** to the **C.T.C.**

The old building was razed in 1960 to make way for the building of our **Manitoba Rehabilitation Hospital** and today the clinic occupies a bright, cheerful wing of this hospital, providing both treatment and diagnostic facilities for 64 in-patients and hundreds of out-patients.

* * *

October is traditionally a convention month in Winnipeg, and during the past few weeks the staff members of our various in-

of Hong Kong and a graduate of Victoria General Hospital School of Nursing; *Mrs. Nette Quiring*, graduate of Grace Hospital School of Nursing, and *Miss Marilyn Pollock* and *Miss Donna Lyons*, graduates of St. Boniface Hospital School of Nursing.

New members of the Dietary Staff are cooks *Glen Harris* and *Gerald Brega*. Glen completed the cooking course at the Manitoba Institute of Technology, and Gerald took the industrial foods course at Technical-Vocational School.

Thank You, Ernie

Over the years the Sanatorium Board has counted itself singularly fortunate to have a loyal, conscientious staff, who take great pride in their jobs and believe wholeheartedly in the importance of our aims.

Even many employees who leave us carry away with them a special feeling about the Sanatorium Board . . . and at the moment we are thinking particularly of Ernie Zemianski, who for a number of years was a registered technician with our Surveys Department.

One day this month, during a TB survey of Transcona, Surveys Officer Jim Zayshley suddenly found himself without a technician to operate our mobile x-ray unit. Desperate, he called Ernie . . . and it is with a very warm feeling we report that Ernie, without hesitation, left an important meeting to drive our van out to Transcona and take charge of the x-raying scheduled for that evening.

Chapel Weddings

Our warmest wishes for happiness are expressed to the former Mitzi Newmark and Donald McKenzie, two long-time patients and staff members at Manitoba Sanatorium who on September 11 were married in the sanatorium's Protestant Chapel.

This was the first time a marriage ceremony has been performed in the chapel. The Rev. T. A. Payne of Ninette officiated and Sanatorium Medical Superintendent Dr. A. L. Paine gave the bride in marriage. Mrs. Bruce Penny of Winnipeg was her sister's matron of honor and Dugald Rankin of the sanatorium staff was best man.

On their return from a trip to points west, the couple will take up residence in Ninette. Miss Newmark for many years has been crafts instructress at the sanatorium; her husband operates the sanatorium switchboard.

* * *

During the same month the Roman Catholic Chapel at Manitoba Sanatorium was the scene of its first wedding when Marie Castel, a member of the housekeeping staff, became the bride of Edward Sinclair, sanatorium porter. The Rev. Fr. Vachon of Dunrea performed the ceremony and Miss Linda Thompson and John Harasymchu attended the couple. Denys Castel gave his daughter in marriage.

Mr. and Mrs. Sinclair will make their home at the sanatorium. Again we extend our best wishes for their future.

Leckie, M.R.H. medical secretary; treasurer, *Robert Wilson*, S.B.M. Accounting Department; chapter representative to the Manitoba Medical Centre Recreation Club, *Robert Marks*, S.B.M. comptroller.

Mrs. Sabine succeeds *Mrs. D. J. Setter*, nursing instructor, who very capably handled the presidential post during the 1964-65 season. Under the chapter's administration staff members have had the advantage of a number of recreational activities and parties.

Each activity is represented at the chapter's monthly meetings, and this year's representatives are: Art, *Mrs. P. L. Torgerson*; Badminton, *Brendan McRoberts*; Bowling, *Tom Pickering*; Ceramics, *Leon Kinsbergen*; Curling, *Ken Rowswell*; Gymnastics, *Cyril Berrington*; Social, *Mrs. Mary Spencer*; Table Tennis, *Frank Major*.

Anyone who wishes to join these groups are asked to contact the representatives.

The Volunteer Service Department of the Manitoba Rehabilitation Hospital invites patients and staff to attend:

"A Wig Demonstration"

November 3 at 7:45 p.m. in the M.R.H. Auditorium.

This demonstration is kindly provided by the Wig Shoppe, 300 Kennedy Street.

tending hospital and medical conferences. The Sanatorium Board was represented by all our hospital managers, nursing directors, members of various treatment departments and volunteer services at the 14th annual Manitoba Hospital and Nursing Conference on October 5 to 7. And taking part in a special section of preventive medicine at the 57th annual meeting of the Manitoba Medical Association on October 13 were Dr. E. L. Ross, Dr. D. L. Scott and Dr. A. L. Paine who presented a panel on Current Programs for Control of Tuberculosis in Manitoba.

* * *

Also taking part in the M.M.A. meeting were Dr. R. R. P. Hayter, director of physical medicine, and members of treatment departments at the Manitoba Rehabilitation Hospital, who on October 13 staged a special workshop, complete with pictures, demonstration of equipment, and talks on rehabilitation methods.

* * *

Recently, Dr. Hayter and Dr. L. H. Truelove, chief of medical services of the Manitoba Rehabilitation Hospital, flew to Toronto to attend the annual meeting of the Canadian Association of Physical Medicine. Dr. Hayter gave a paper on the development and use of temporary prostheses in the training of leg amputees.