

News Bulletin

The SANATORIUM BOARD OF MANITOBA

VOLUME 4—No. 10

PUBLISHED BY THE SANATORIUM BOARD OF MANITOBA
For Patients, Staff, and Friends of the Sanatorium Board

NOVEMBER
OCTOBER, 1962

CTA To Conduct National Study of Drug Resistance

A chief concern of those engaged in tuberculosis treatment today is the increasing number of patients entering sanatoria with drug resistant strains of tubercle bacilli, says Dr. C. W. L. Jeanes who on September 1 succeeded Dr. G. J. Wherrett as executive secretary of the Canadian Tuberculosis Association.

The Welsh-born doctor, who came from Britain to



It's Christmas Seal Time

This month marks the 55th year that Christmas Seals have been sold in Canada to raise funds for the fight against tuberculosis. In Manitoba Christmas Seal dollars are the main source of revenue for the Sanatorium Board's year-round program of tuberculosis prevention, which provides the following vital services:

Tuberculin and X-ray Surveys — So long as we lack a completely effective vaccine against tuberculosis, community surveys, which try to find tuberculosis before infection spreads to others, will remain the chief means of bringing the disease under control. Last year 248,609 Manitobans received free examinations in TB clinics and surveys largely financed by Christmas Seals.

Rehabilitation Services for Tuberculosis Patients — Last year several hundred tuberculosis patients benefited from a special rehabilitation program which included guidance, training and employment assistance. In

VISIT TO THE Sanatorium Board's head offices and Manitoba Sanatorium this month during a tour to acquaint provincial TB organizations in Western Canada with the current program of the Canadian Tuberculosis Association.

One of the CTA's main projects, he said will be a national study of the drug resistance problem.

According to Dr. Jeanes, the association thinks that as many as 20 per cent of the people entering sanatorium today are resistant to one, two or all of the main anti-tuberculosis drugs. This percentage includes both new active cases and patients with reactivated disease.¹

In cases where patients show resistance to these drugs — INH, PAS and streptomycin — doctors must rely on second line drugs which are not nearly as effective and are much more toxic.

The problem is not too bad yet, says Dr. Jeanes, but it could turn into an unmanageable situation if treatment is not administered for a long enough time — or if research does not turn up another drug as effective or better than the "Big Three".

The last important new drug — INH or isoniazid — was discovered some ten years ago, and is considered the best of the three. Administered in the form of a little



BUY AND USE CHRISTMAS SEALS. Lee McFarlane, daughter of Mrs. Patricia McFarlane of the Sanatorium Board's executive offices, was one of 12 teen-age volunteers who helped prepare for the 1962 Christmas Seal Campaign. The Christmas Seals, which this year depict chubby angels on a stained glass window, went on sale on November 12 to raise funds for the Sanatorium Board's province-wide program to prevent tuberculosis.

(Photo by Dave Portugal)

white pill, it does not kill the tuberculosis germs, but helps to incapacitate them so that they die naturally or are swept away by the body's natural defences.

Largely as the result of the widespread use of INH, the tuberculosis mortality rate in Canada has now declined to 4.2 per 100,000 population and the length of hospital treatment has been considerably shortened, Dr. Jeanes said.

But, he pointed out, the decline in the incidence of new cases has not kept pace. A total of 1,918 new active cases of tuberculosis (a great many in the dangerous, infectious, far-advanced stage of disease) were reported in Canada during the first six months of this year. This is a nearly nine per cent increase over the number of new active cases reported during the same period in 1961.

If this infectious disease is to be eliminated, case-finding surveys to find tuberculosis

(Continued on page 4)

A.C.T. Will Buy X-Ray Equipment

The Associated Canadian Travellers, Brandon Club, have pledged \$30,000 to purchase new equipment for the X-Ray Department at our Assiniboine Hospital.

The motion to replace the hospital equipment was passed unanimously at a general meeting of the club on October 3.

In acknowledging the club's proposed donation, T. A. J. Cummings, executive director of the Sanatorium Board of Manitoba, expressed the Board's deep appreciation to the Brandon group for their full and generous support of the Brandon hospital and the various services of the Board.

Through their various money raising schemes, he said, the club has raised \$60,000 during the past five years, towards an \$85,000 pledge to help pay for the new Physiotherapy and Occupational Therapy Unit at Assiniboine Hospital.

tering sanatorium are reactivated cases, rehabilitation programs have become increasingly important. It is fairly certain that patients who have the benefit of these services are better equipped to cope with the stress of daily life after they leave hospital. This is often the deciding factor between recurrence of disease and the maintenance of health.

Health Education — A small percentage of Christmas Seal funds are spent on a health education program to teach people the facts about tuberculosis.

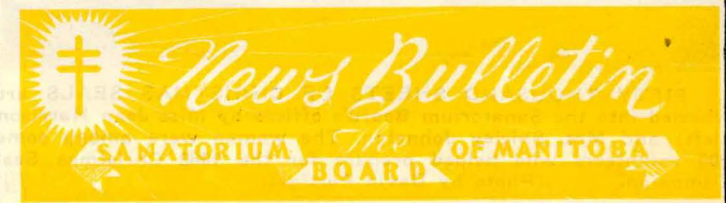
Apart from these services the Christmas Seal Campaign contributes something of great value that cannot be measured in dollars. For example, to those engaged in the fight against tuberculosis, Christmas Seals are much more than a fund raising device. They offer us the opportunity to interpret to every citizen the true current picture of the tuberculosis problem and the need for continuing an intensive program of prevention.

And to the people of Manitoba, gay Christmas Seals on holiday cards and packages offer everyone a chance to help protect their homes against this disease.

Please do your part to bring tuberculosis under control in our province. Please **BUY AND USE CHRISTMAS SEALS.**

Address all communications to:

THE EDITOR, SBM NEWS BULLETIN,
800 Sherbrook Street, Winnipeg 2, Manitoba
Authorized as second class mail, Post Office Dept., Ottawa
and for payment of postage in cash.



Around Our Institutions

"These are my memories," said Kal Jambor with an enthusiastic sweep of his hand "These are my friends. I like to paint all the people who are my friends."

Judging from the collection of paintings and charcoal sketches that adorn the walls, bureau and floor of his room, Hungarian-born Kalman Jambor has a lot of friends and memories.

A passionate, dedicated artist, Kal has been a nursing orderly at Manitoba Sanatorium for nearly a year — not just because he needs the work, but because as an orderly at Ninette he encounters all sorts of people . . . and subjects for his work.

Kal has never had any formal training in art. Born and raised in Budapest, he took up sketching and painting on his own — when he first discovered he liked girls.

That was at the age of six — when he drew a picture of his young, beautiful, red-haired teacher.

Since then women have remained his favorite subject because, as he says, "There are so many good things about them."

Kal is also extremely sensitive to the kind of world he lives in. He couldn't abide Russian rule in Hungary. According to him, they were dishonest . . . and life was not as beautiful as they promised.

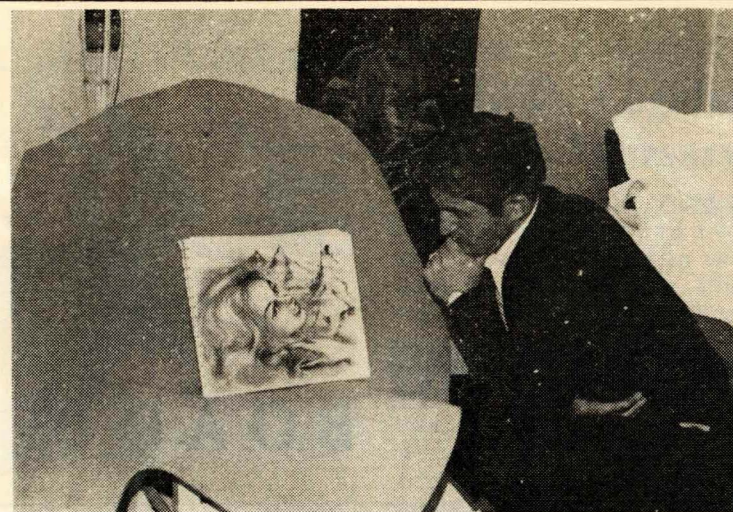
tion gangs, then took a six-month holiday in a Winnipeg "java shop" where he lived and slept and earned money sketching, painting and playing the drums. Last November he gave up this pleasure to become an orderly.

Kal enjoys nursing the patients at Ninette San. He sympathizes with their problems, rejoices with them in their successes . . . and often paints them, working from small preliminary sketches.

People are sometimes flattered, amazed or amused to see their portraits. Always they bear symbolic titles, such as "My Long Hair", "Angry Green Eyes" or "Rain Drop" (the face of a girl in a drop of rain.)

Some take Kal as long as a week to complete, while others come easy . . . like "Sleepless Night" which was completed in twenty minutes.

Kal, who worships the hot-tempered Goya, describes his technique as impressionist



Artist Kalman Jambor and one of his friends.

A member of our Clearwater staff since the hospital was first opened in 1947, Mr. Clendenning was honored at several parties prior to his retirement. On September 21 fellow staff members of the Engineering Department held a stag party for him and his friends at the hospital and airport, and on September 25 both he and his wife were guests of honor at a tea in Northwood Hall. On this occasion Chief of Medical Services Dr. S. L. Carey presented to the couple, on behalf of the staff and his friends, an engraved silver tray.

Being among the first of our staff members at Clearwater, Mr. Clendenning has left his trademark of good

During the six weeks prior to the opening of the campaign on November 12 the women gave up about 2,000 hours of their time to come to our Christmas Seal offices, fold seals and stuff envelopes for mailing.

Among the groups involved in the preparations were: Ladies' Auxiliary of the Associated Canadian Travellers, Winnipeg Club; P.E.O. Sisterhood, Chapter D; Inner Wheel of Winnipeg and West Winnipeg; Calvary Temple Mission Circle; Professional Engineers' Wives; and the members of various Winnipeg curling clubs.

On two special "Blitz Nights" last month, some 100

London School of Occupational Therapy (with a distinction in psychology), she was formerly employed as an occupational therapist at the general hospital in Sunderland, Co. Durham.

Michael Keevil, also a graduate of the London Occupational Therapy School, arrived on November 9. He was recently attached to the Claybury Hospital at Woodford, Essex.

The hospital now has two remedial gymnasts with the arrival this month of David Whitton. Mr. Whitton, who was born in Somerset, England, is a graduate of the School of Remedial Gymnastics at Penderfield Hospital, and was formerly senior remedial gymnast at the Industrial Rehabilitation Centre in Bristol. He also served for three years as a PT instructor in the British Army.

New physiotherapists at the rehabilitation hospital are Miss Patricia Enslin and Norma Haynes. Both were born in Durban, South Africa. Miss Enslin was formerly attached to a hospital in Johannesburg and Miss Haynes, to Baragwanath Hospital in the Transvaal.

Miss Margaret C. Rickards is a recent addition to the speech therapy staff. A graduate of the Edinburgh School

years in the Hungarian army, he took part in the '56 uprisings and, when they failed, escaped the country.

Soon afterwards Kal came to Canada where he worked in the lumber camps and mines of Northern Ontario.

"It was a rough, tough world," he said, "but it was honest and I loved the breed of men I worked with, and I painted many of them."

For three more years he worked with road construc-

says, he hopes to be an impressionist painter . . . and later, perhaps, to work only in the abstract.

Wherever life leads him, the Sanatorium Board wishes this talented young man fulfillment of his dreams.

Mr. Clendenning Retires

On September 31 A. G. Clendenning retired from his post as master painter and carpenter at our Clearwater Lake Hospital, The Pas.



FIFTY THOUSAND SHEETS OF CHRISTMAS SEALS are wheeled into the Sanatorium Board's offices by Miss Jean Harrison (left) and Mrs. Shirley Johnston. The women were among some 300 volunteers who helped prepare for the 1962 Christmas Seal Campaign. (Photo by David Portigal)

work in every hospital department and the staff residences, and he will long be remembered by all who knew him.

We wish him and his wife continued health and prosperity in their new home at Neepawa.

NATP Graduation

The fifth class of nurses assistants and orderlies to complete the Sanatorium Board's Nurses' Assistants Training Program at Assiniboine Hospital, Brandon, received their certificates during a brief ceremony on November 1.

The new graduates are: Miss Gwen Bucklaschuk, Mrs. Wilma Green, Mrs. Beverley J. Henson, Mrs. Laura Hjelmeland, Mrs. J. R. Howell, Miss Gladys Janush, Miss Evelyn Kowal, Burton McDougald, Mrs. Eveline Millar, Mrs. Flora Nixon, Mrs. E. Hendricks, and Mrs. V. Pow.

The guest speaker was Dr. E. L. Ross, medical director of the Sanatorium Board.

Following the presentation of certificates by Mrs. Irene Cruikshank, director of nursing, Burton McDougald, nursing orderly, gave a brief speech on behalf of the graduating class. The event closed with a tea in the staff lounge.

Champaign Volunteers

The Sanatorium Board extends warmest thanks to the some 300 volunteers who helped prepare for our 1962 Christmas Seal Campaign.

parts of the city joined our own staff members in a busy stuffing session. Appearing at our offices soon after 5 p.m., they had dinner in the hospital cafeteria, then went straight to work — stuffing as many as 50,000 envelopes in a single night.

To all of these people goes the Sanatorium Board's heartfelt gratitude . . . for it is no understatement to say that, without their contribution, it would be almost impossible to continue our yearly crusade against tuberculosis.

New SBM Staff

To the Sanatorium Board of Manitoba we welcome the following new staff members:

Assiniboine Hospital: Miss Margaret Davidson, general staff nurse; and Mrs. Jacqueline Jarvin, licensed practical nurse.

Clearwater Lake Hospital, Miss Yvette Delgado of Jamaica, general staff nurse; Mrs. Isabelle Newall, general staff nurse; Miss Shirley Johnston and Miss Julie Ezie, licensed practical nurses.

Manitoba Rehabilitation Hospital: The staff of the Occupational Therapy Department has been bolstered considerably with the arrival of two new occupational therapists.

Miss Heather Liddell arrived from England on October 16. A 1959 graduate of the

of Speech Therapy, Miss Rickards later obtained her licentiateship at the College of Speech Therapists in London. She arrived in Canada in 1956 where she took a position at the Cerebral Palsy Centre in Hamilton. In 1957 she came to Winnipeg and until recently was speech therapist at the Children's Hospital.

To the medical staff of Manitoba Rehabilitation Hospital we welcome the following doctors:

Dr. S. K. Warma, who received his degree in medicine in Calcutta, India, is a specialist in general surgery, and a Fellow of the Royal College of Surgeons. In 1957, Dr. Warma was appointed senior surgical house officer at Nottingham General Hospital and from 1959 until he came to Winnipeg in 1961, was surgical registrar at two hospitals in Sheffield. He was recently a member of the medical staff at Grace Hospital.

Dr. Adrian H. Collyns, who was born in Uganda, has an honors degree in natural sciences from Cambridge University and took his medical training at St. Bartholomew's Hospital in London.

Dr. George Hollo, who was born in Yugoslavia, is a graduate of medical schools in Belgrade and Israel. Before coming to Winnipeg he worked for the Ministry of Health in several hospitals in Israel.

Six Doctors from Britain, U.S. and Canada Will Attend Symposium On Rehabilitation

Six distinguished physicians and surgeons from England, Canada and the United States will be special guests at the Third Manitoba Symposium on Rehabilitation and Orthopedic Disabilities, to be held in Winnipeg on December 7 and 8.

The six physicians are: Sir Reginald Watson-Jones of London, England; Dr. Richmond S. Paine of Washington, D.C.; Dr. C. H. Slocumb of Rochester, Minn.; Dr. H. Relton McCarroll of St. Louis, Mo.; Dr. D. H. O'Donoghue of Oklahoma City; and Dr. A. T. Jousse of Toronto.

The Symposium, which has grown to be one of the top annual medical events in the province, is open to all people who are interested in the problems of rehabilitating the disabled. It is arranged by the Orthopedic Section of the Manitoba Medical Association and is sponsored by the Sanatorium Board of Manitoba, the Society for Crippled Children and Adults of Manitoba, the Workmen's Compensation Board, and the Manitoba Division of the Canadian Arthritis and Rheumatism Society.

Because of the considerable interest shown in the Symposium in previous years, it will be extended this year from one day of concentrated study to two days. The first day will consist of

He is also a past president of the British Orthopedic Association and Hunterian professor of surgery and senior vice-president of the Royal College of Surgeons of England.

Dr. Richmond S. Paine, of Washington, D.C., will present two papers on the treatment of Cerebral Palsy. Dr. Paine was recently appointed director of a new Diagnostic and Treatment



Centre for Congenital Defects and Malformations at the Children's Hospital of the District of Columbia. Formerly with the Children's Medical Centre and Harvard Medical School in Boston, he has also been appointed neu-

Dr. R. Relton McCarroll, of St. Louis, will take part in sessions dealing with orthopedic problems and the treatment of cerebral palsy.



A graduate of Washington University School of Medicine, he is a staff member of Barnes, St. Louis Children's, St. Luke's and the Shriners Hospitals in St. Louis. He is also past president of the American Academy of Orthopedic Surgeons and the Orthopedic Section of the American Medical Association.

Dr. A. T. Jousse, of Toronto, will discuss the treatment and management of paraplegia.

A graduate of McMaster University and the University of Toronto School of Medicine, Dr. Jousse is director of the Division of Rehabilitation Medicine at Toronto



Students Awarded Dr. G. D. Coghlin Memorial Bursary

The Dr. Donald Gordon Coghlin Memorial Bursary was recently awarded to two students attending the University of Manitoba's School of Medical Rehabilitation. The recipients were Miss Barbara McKay and Miss Janice Minaker, first year physiotherapy students.

The bursary was founded in 1961 by the Western Manitoba Branch of the Canadian Arthritis and Rheumatism Society to honor the memory of the former medical director of the Brandon Branch and the former chief of the department of internal medicine at our Assiniboine Hospital in Brandon.

This is the second year that the bursary has been presented by the society and this year the society was able to increase both the amount of bursary and the number of students receiving it.

The bursaries were presented by Dr. Fletcher Barager, medical director of the Manitoba Division of C.A.R.S., at a small luncheon at the Manitoba Rehabilitation Hospital.

Among those who attended

Bulletin Board

A special one-day study of the tuberculosis control program in Manitoba will be held at the Manitoba Rehabilitation Hospital on December 7 and 8. The roles of the health unit and the private physician in TB control.

Taking part will be representatives from the provincial and local health departments, the Sanatorium Board's executive staff and tuberculosis medical staff. Dr. C. W. L. Jeanes, executive secretary of the Canadian Tuberculosis Association, will be a special guest. Dr. M. R. Elliott, provincial deputy minister of health, will act as chairman.

A large x-ray film survey was conducted by the Sanatorium Board's Mobile Survey Unit at a Trappist Monastery in St. Norbert on November 5. The survey was a special project which combined TB preventive services with a research program of the U.S. Cardiovascular

pedic problems of the treatment of paraplegia, arthritis and cerebral palsy, to be held in the auditoriums of the Winnipeg General Hospital School of Nursing and the Manitoba Rehabilitation Hospital. The second day will be devoted to the presentation of special papers in the auditorium of the University of Manitoba Medical School.

The Alexander Gibson Memorial Lecture will be delivered by *Sir Reginald Watson-Jones* on Friday evening, December 7, in the Medical School auditorium. Title of his lecture is "The Advance of Bone Surgery — Treatment of the Body and Mind."

Sir Reginald will also take part in the clinical session on Orthopedic Problems and will present a paper on "Dislocations of Joints and Their Complications".



A man renowned in medical circles throughout the world, Sir Reginald is Orthopedic Surgeon to the Queen, civilian consultant in orthopedic surgery to the Royal Air Force and Director of the Orthopedic and Accident Department at London Hospital. He holds numerous medical degrees and has written many books and papers on orthopedic and surgical subjects.

Hospital in Washington and Professor of Pediatric Neurology at the George Washington University School of Medicine.

He is an expert in the neurologic evaluation of the infant and has produced two medical motion pictures on the subject for the National Institute of Health.

Dr. Don H. O'Donoghue, of Oklahoma City, will also



take part in the session on orthopedic problems and present a special paper on the surgical treatment of ligament injuries.

Dr. O'Donoghue has been in private practice in Oklahoma City since 1930, and since 1948 has served as professor and chairman of the Department of Orthopedic Surgery and Fractures at the University of Oklahoma Medical School. He is also Chairman of the Faculty Board, and a member of the executive committee of the Clinical Faculty of the School of Medicine and the University Hospitals. The author of a number of medical articles, he has recently completed a book entitled "The Treatment of Injuries to Athletes".

ector of Dynamist Lodge Hospital in Toronto.

Dr. C. H. Slocumb, of the Mayo Clinic in Rochester, Minn., will take part in a session on the treatment of arthritis and will present a paper on "The Internist's help in Orthopedic Surgery for Patients with Arthritis."

Dr. Slocumb received his Doctor of Medicine from the University of Minnesota in



1927 and his Master of Science in Medicine in 1930. He has been a member of the Mayo Clinic since 1936 (having a special interest in rheumatology and arthritis), and from April, 1953, until October of this year served as head of the Clinic's Medicine Section.

In 1951 Dr. Slocumb was awarded the triennial gold medal of the West London Medico-Chiurgical Society for his work in the clinical investigation of the application of cortisone and ACTH.

"Drug Resistance"

(Cont. from Page 1)

early must be continued with as much vigilance as ever, Dr. Jeanes said. And the principal anti-tuberculosis drugs we now have must be brought to bear before the widespread emergence of drug resistant strains of the tuberculosis germ.

Truelove, chief of medical services of the rehabilitation hospital and director of the School of Medical Rehabilitation, and Miss Marjorie Spence, head of the school's physiotherapy department.

The Manitoba Division of C.A.R.S. was represented by the executive secretary, J. E. G. Murrell, and the Western Manitoba Branch by the secretary, Mrs. A. G. Wood.

Club Holds Party

To boost interest in staff recreational activities, the Manitoba Rehabilitation Hospital Recreation and Social Club held a party on Friday evening, Nov. 9, for staff members, their relatives and friends.

The party, which offered bingo and other games, dancing and refreshments, was attended by 130 persons and was deemed a sound success — a good beginning for further staff social activities.

Among the events planned for the future will be a Christmas Party, to which friends and relatives of the staff will again be invited.

According to club chairman William Williamson, several sports activities are now under full swing. Twenty-one persons have signed up for the curling club; 16 women are taking part in the gymnastics class, and 40 members and 20 spares are competing in the bowling league.

The object of the U.S. project is to determine the relationship between the fat content of the diet and the development of coronary artery disease.

* * *

Miss Nan Tupper Chapman, director of dietary services for the Sanatorium Board returned to Winnipeg recently from a holiday in Italy, Greece and Turkey. Prior to her departure overseas she attended the annual convention of the American Dietetic Association, held in Miami, Fla., from November 9 to 13.

* * *

Edward Dubinsky, SBM executive assistant, is one of two trustees to represent the Associated Hospitals of Manitoba at the Upper Midwest Hospital Conference Board of Trustees meeting in Minneapolis on November 30.

* * *

Anyone have an unused piano which they would like to donate to the patients at the Manitoba Rehabilitation Hospital.

A piano is urgently required for patient recreation, and another is needed for the Speech Therapy Department — where it will be used for singing classes, an important part of treatment.