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JULY, 1961

Free TB Tests and Craft Exhibit SBM Features At Manitoba Fairs

As "exhibition time" once again rolled around to Manitoba, Sanatorium Board staff members launched various programs to promote tuberculosis work.

At the Red River Exhibition, held in Winnipeg from June 24 to July 1, the Sanatorium Board's survey crews moved in

heir mobile unit to offer est X-rays to the thousf fair-goers. They were associated by the Women's Auxiliary of the Winnipeg Associated Canadian Travellers who, established in a small booth near the x-ray unit, invited visitors to look over their pamphlets and register for a free chest X-ray.

tively, easily raised several hundred dollars from the sale of these crafts. Through an effective picture display and by talking to customers, they also managed to give a good plug for rehabilitation services.

A.C.T. Project
One of the biggest drawing



Nearly 6,000 Receive Tests In TB Survey

Summer TB surveys got off to a fine start this year when 5,956 persons turned out for tuberculin and chest x-ray tests in the municipality of Dauphin.

The Christmas Seal survey was conducted by the Sanatorium Board of Manitoba, from June 5 to June 20, and the free tests were offered to the residents of Dauphin and the surrounding rural area. Also included were the staff and children at the Mackay

operation, a total of 2,190 chest films were taken.

A second Sanatorium Board feature was an exhibit of patient crafts in the Arena. With the assistance of the Winnipeg A.C.T., the occupational therapy departments from Manitoba Sanatorium, Ninette, and Assiniboine Hospital, Brandon, set up a booth displaying such handmade articles as In-

bne sculpture, copper ents, jewellry, moccasus, and clothing.

By the end of the exhibition, Miss Mitzi Newmark and Mrs. V. Davidson, therapists at Manitoba Sanatorium and Assiniboine Hospital respec-

tion this year was the sale of tickets on the A.C.T.'s Lucky Star Home. The house, won by a 13-year-old boy, was the exhibition's grand prize and realized a large sum of money for the Traveller's current project — to provide special equipment for the Manitoba Rehabilitation Hospital, which is now being built by the Sanatorium Board in Winnipeg.

Brandon Fair

A free x-ray service and a raffle on sportsmen's equipment were the main features of combined Sanatorium Board and Brandon A.C.T. activities at the Brandon Fair, July 3 to 8. With the help of

ROJECTS SUPPLY AND LADIES AND LAD

This gay entry in the Brandon Fair's annual parade tells about the 1961 project of the Ladies Auxiliary of the Brandon A.C.T. — the furnishings of one of the new wards at Assiniboine Hospital, Brandon. (Photo by Clark Smith Studio)

D. Archer of CKOS-TV in Yorkton and J. J. Zayshley, left, surveys officer for the Sanatorium Board and Dr. E. L. Ross, centre, medical director. During the 15-minute program, Dr. Ross talked about the importance of continuing a TB preventive program, and Mr. Zayshley told how TB surveys are organized. A Sanatorium Board film on the tuberculin test entitled "Mark of Distinction", was also shown.

the Brandon Chapter of the Order of the DeMolay, a Brandon boys' club who offered to act as registrars, the survey team managed to X-ray some 550 fair-goers.

For the Travellers, the sale of tickets on a boat, motor and trailer (first prize), and a camping outfit (second prize) drew more funds for their project to help cover the cost of the new Physiotherapy and Occupational Therapy Unit at Assiniboine Hospital.

The Brandon A.C.T. and the Ladies' Auxiliary also entered colorful floats in the annual parade to illustrate their work with the Sanatorium Board.

1961 Surveys

A total of 60,713 Manitoba residents have received free tuberculin tests in Christmas Seal surveys conducted by the Sanatorium Board between January 11 and June 13, according to the SBM surveys office.

Of these, a total of 54,417 people returned for a reading of the test.

In addition, 7,818 people lined up for chest x-rays only in TB surveys of industries, business offices, nursing homes, etc.

1960 Sale Raises Over 2½ Millions

A total of \$2,519,132 was raised by Canada's 800 Tuberculosis Associations during the 1960 Christmas Seal Campaign, according to the Canadian Tuberculosis Association in Ottawa.

The returns, which will be used locally for tuberculin testing, chest x-ray, health education and rehabilitation programs, showed a decrease of less than one percent from

(Continued on page 4)

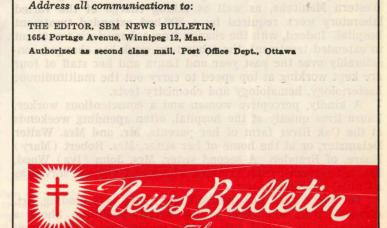
Daupnin.

This is the second survey to be conducted in the Dauphin area in the past year. The reason for this is that the number of new active cases of tuberculosis found in a 1960 survey of Dauphin was much higher compared to the number found in other areas of the province . . . this, despite the fact that the percentage of positive reactors in the '60 survey was about the same as in other areas.

The survey was held this year to discover if other new cases had developed over the year.

In making his report on the survey, Dr. E. L. Ross, medical director of the Sanatorium Board, said that of the total

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Profiles

D. W. CASEY

Tall, personable Daniel W. Casey, assistant general manager of the Bank of Montreal's Prairie Division, is a newcomer to the Sanatorium Board of Manitoba. He was made an elected member of the Board at the annual meeting last April.

Mr. Casey has been connected with the Bank of Montreal for 33 years, and came to Winnipeg to take on his new post



as assistant general manager last year. He was born and educated in Amherst. N.S., and entered the Bank of Montreal after finishing high school in 1928. From there he made the usual trek back and forth across the country, making the gradual climb to the bank's top offices.

In 1942 he left his post in the inspection department at the Montreal head office to join the Canadian Army and for

the next few years served overseas as a captain in the Pay Corps. Returning to the bank in 1946 he was appointed credit officer for the bank in Montreal, four years later became assistant superintendent of Alberta branches in Calgary. From there he rocketed up — from assistant superintendent for the bank in Toronto to superintendent of the Manitoba and Saskatchewan branches in Winnipeg; from chief inspector in Montreal to manager of the bank in Calgary, and finally, to assistant general manager of the Prairie Region.

Mr. Casey, who lives in River Heights, is married and has three children: John, 12, Deborah, 9, and Janet, 2. Actively interested in civic affairs, he is a member of the Board of Trade of the Winnipeg Chamber of Commerce. Before coming to Winnipeg he served as chairman of the 1957 Red Cross Campaign for Metropolitan Montreal, and chairman of the 1959 Community Chest Employees' Canvass in Calgary. He is also a member of the St. James Club in Montreal, the Ranchmen's Club in Calgary, the Manitoba Club, the Winnipeg Winter Club, the St. Charles Country Club and the Motor Country Club.

He lists golfing and gardening as two of his favorite pas-

Manitoba San. Graduates First NATP Class



Shown here is the first class of nurses' assistants to graduate from the 12-week Nurses' Assistants Training Program at Manitoba Sanatorium, Ninette. From left to right are: First Row—Mrs. Irene Ward, Mrs. Hele Howard, Mrs. Karen Pettitt, Miss Isabelle Gratton, Miss Della Liebel, and Mr. William Broadhead, instructor. Back Row—Miss D. Ellis, superintendent of nurses, Miss Joyce Temple, Miss Ida Hamm, Miss Mabe Caruk, Miss Vera McCoshen, and Miss Bente Hejlsted, director of nursing services. A tenth graduate, Mrs Agatha Whiteway, was absent at the time. (Photo by William Amos.)

Manitoba Sanatorium at Ninette graduated its first class of nurses' assistants on Thursday, July 6, when nine smartly uniformed women proudly stepped up to receive their certificates from Miss Derinda Ellis, superintendent of nurses.

Guest speaker for the occasion was Edward Dubinsky, administrative assistant of the Sanatorium Board of Manitoba.

In his remarks Mr Dubin-

New Accountant

a fo

counting with the Socie Industrial and Cost Account ants of Ontario. He is still con tinuing his studies with that society.

Mr. Loewen is married, and has two children — David, 7 and Janice, 4. His wife, the former Patricia Reid, is a native of Portage la Prairie

LAURA E. DELAMATER, R.T.

Long before rehabilitation programs were established in Sanatorium Board institutions, TB patients often embarked on their own independent schemes to prepare themselves for future careers and occupy their time in hospital. Some of them found jobs in the various sanatorium departments, and of these.

many liked the work so well that they remained at their posts long after they

had fully recovered.

One such person is Laura E. Delamater, chief laboratory technician at Assiniboine Hospital, Brandon. Back in the midthirties when Laura, then a high school student, was being treated for TB at Manitoba Sanatorium, Ninette, she started part-time work for Joe Scott in the



sanatorium laboratory. She began by doing book work and charts, then gradually worked up through the department learning the various procedures. "It was then that I found out," she said later, "that I really never wanted to do anything else."

In 1940 Laura obtained her Registered Technician's diploma, and in 1947 she left Manitoba Sanatorium to take charge of the laboratory at the newly opened Brandon Sanatorium (now Assiniboine Hospital). As head of the department she now keeps track of the hospital's tuberculosis program in Western Manitoba, as well as taking charge of the varied laboratory work required by a 200-bed extended treatment hospital. Indeed, with the change from tuberculosis treatment to extended treatment, the laboratory work has changed considerably over the past year and Laura and her staff of four are kept working at top speed to carry out the multitudinous bacteriology, hematology and chemistry tests.

A kindly, perceptive woman and a conscientious worker, Laura lives quietly at the hospital, often spending weekends at the Oak River farm of her parents, Mr. and Mrs. Walter Delamater, or at the home of her sister, Mrs. Robert (Mary) Hoare, of Brandon. A second sister, Mrs. John (Iva) Wood, has just returned from Trinidad where her husband served as

a United Church minister.

For the rest of her leisure time, Laura lists reading, art, classical music and travel as her favorite pastimes. She is a member of the Allied Arts Centre in Brandon, a member of the local Great Books Club, and treasurer of the Women's Musical Club.

and pointed out what the 12week Nurses' Assistants Training Program means to the hospital, the patient and those who complete it.

To the nurses' assistant, he said, it means a sense of satisfaction and the knowledge that she will carry out her duties with confidence.

To the hospital it means a more qualified nurses' assistant, a better staff member, and a valuable addition to the nursing team as a while.

And above all, to the patient it means a better standard of care and a better understanding of his needs.

Also taking part in the ceremony were William Broadhead, nursing instructor, Miss Bente Hejlsted, director of Nursing Services for the Sanatorium Board, and Mrs. Irene Ward, nurses' assistant who gave a brief speech on behalf of the class. Dr. A. L. Paine, medical superintendent of Manitoba Sanatorium, was chairman.

In her address, Miss Hejlsted indicated the smart blue and yellow crests on the sleeves of each nurses' assistant's uniform. "Wear them with pride and a sense of responsibility," she said. "And remember that your education as nurses' assistants will never stop."

A brief reception held in the hospital classroom closed the special event.



J. G. LOEWEN

The Sanatorium Board of Manitoba welcomed a new member to its staff early last month, when James Gordon Loewen assumed the position of accountant at Assiniboine Hospital, Brandon.

For the past nine years Mr. Loewen was employed as an accountant with Campbell Red Lake Mines Ltd., in Balmerton, Ontario.

He was born in Winnipeg and educated in Morris, Manitoba. After completing high school he spent six years with the fur trade department of the Hudson's Bay Company, working out of various posts throughout the North. During the early 1950's he was appointed post manager for the H.B.C. at Shamattawa, a position he held until joining the Balmerton firm.

During his employment with Campbell Red Lake Mines, Mr. Loewen also studied acwhich occupy a great deal of his time, Mr. Loewen is also interested in such sports as hockey, curling and fastball.

Gov't Approves Disaster Plans

Civil Defence Hospital
Disaster Plans, prepared by
Clearwater Lake Hospital, The
Pas, and Assiniboine Hospital
Brandon, have been revision
and approved by the provencial government.

The plans outline in detail the procedures for handling various types of disasters either internal or external, major or minor.

With the approval of the plan, both hospitals are entitle to receive some hospital disaster supply kits from the federal government. They each measure 12 cubic feet, weigh 50 pounds, and contain such emergency supplies as stretchers, intravenous stands, dressings, bandages, medical tags, etc.

A similar plan has also recently been submitted by M a n i t o b a Sanatorium, Ninette.

The human mind may any and attains its distinctive powers of abstract thought only through the symbols of speech and language. Men are born with brains; they acquire minds."

-Corliss Lamont

Faith - - The One Great Moving Force

"Nothing in life is more wonderful than faith — the one great moving force which we can neither weigh in the balance nor test in the crucible."

—Sir William Osler

Jean Naylen is an attractive young woman, with short own hair, bright, intelligent eyes, and a warm, lively perality. By profession she is a school teacher.

But Jean has never been able to practise her profession ally, nor has she always been optimistic and cheerful. Now

a patient at Assiniboine Hospital in Brandon, she has been a victim of advanced rheumatoid arthritis for the past 20 years. Until recently, her slender limbs were about as useless to her as a bird without its feathers, and her outlook on life about as dim as one would expect from a person who has suffered so long.

Jean talked about it one day as she lay on her bed on one of the hospital's bright, sunlit wards:

"When I came to Assiniboine Hospital a year ago I was absolutely bedridden," she said. "I had just about given up all hope. I didn't the know whether or not I would live."

Today Jean's attitude has changed completely. "I am happier and more hopeful," she explained confidently. "I am looking forward to celebrating at least my 80th birth-

tients, to physical medical treatments, and, most important, to the hopeful, sympathetic attitude of the doctors and nurses.

"When I came to Assiniboine I had developed a great fear of hospitals," she said. "I had been stricken by arthritis when I was in high school and eventually it affected all my joints.

"Although I managed to get my first class teaching certificate at Winnipeg Normal School and to teach sporadically near my home in Virden and at St. Joseph's Vocational School in Winnipeg, I have spent by far the greater part of my time in and out of hospitals all over the country. After a while I began to feel useless and that nothing could be done for me."

Referred to Assiniboine Hospital by a doctor in Virden, Jean was put under the care of the resident medical "I have been painting in water colors and oils all of my life," said Jean, who is presently taking a correspondence course through Famous Artists in the United States. "I paint all kinds of things... but mostly I like to paint people."

With the recent appointment of an occupational therapist at Assiniboine Hospital, Jean has also started to do some weaving to exercise her arms.

"I'm making a mat of fine cotton," she reported. "It's fun! And much more complicated than I thought."

Jean doesn't expect to be at the hospital much longer. If all goes well this summer, she plans a short holiday at home, a return to hospital, then continued treatment as an outpatient.

Eventually she hopes to attain a certificate in the three year art course and teach art in a school.

To be independent, and to be able to make one's own decisions, no matter how small they may seem to others, are the most important things in the world to Jean.

"I don't feel so helpless anymore", she said. "And



Miss Jean Naylen looks over a book on art with head nurse, Miss Margaret Kinnear.

Assiniboine Hospital Now Giving Specialized Care To 184 Patients

At the beginning of this month a total of 184 extended treatment patients were receiving specialized care at Assiniboine Hospital in Brandon. These patients are largely transfers from general hospitals in all parts of Western and Central Manitoba, and are suffering from a wide variety of debilitating, long-term dis-

portant new health service is becoming the subject for discussion and consideration.

According to recent statistics, about five percent of general hospital patients spend more than 30 days in general hospitals, and about 1¼% are definitely capable of benefiting from restorative services.

"Look!" she said, hoisting herself up on her arms and hands "I can sit up by myself now, and I can remain sitting for at least three hours.

"One year ago I was completely helpless in bed. I could neither sit nor lie down alone!"

What brought about this great change in Jean's life?

attributes it to the cheermosphere of the hospital, e optimism and encouragement of the other pa-

siotherapy treatments, exercising her limbs to regain movement and strength. She was also given hydrotherapy, hot compresses and other types of therapy, in addition to medication which she is gradually receiving in smaller doses. The result is that she now has more freedom of movement in all her joints.

Between the therapy sessions, Jeans chats a lot with other patients, reads, writes and paints.

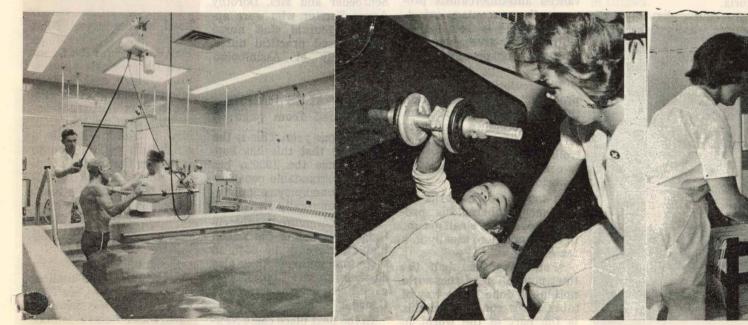
bored."

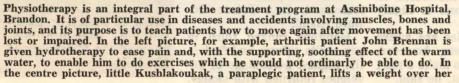
Then thoughtfully she added, "It's such a wonderful feeling to have so many people interested in you. As long as they have faith, so will I."

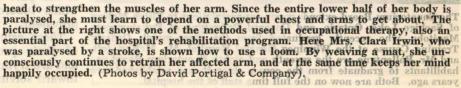
No one knows where tuberculosis started but it goes back as far as recorded history. Some authorities believe that it spread from the Mediterranean to northern Europe with Caesar's Legions. the hospital provides skilled medical and nursing service, physiotherapy, occupational therapy, hydrotherapy and diversional therapy. The aim is to help them to return to a normal, independent life in the community wherever possible.

There can be no doubt about the need for extended treatment hospitals to help relieve the pressure on active treatment hospital beds, and more and more their value as an imfigures show that this five percent accounts for almost onethird of the treatment days in general hospitals.

By transferring long-term patients to lower cost hospitals, specially designed, equipped and staffed to provide them with a first-rate standard of rehabilitative care, not only do the patients benefit greatly, but general hospitals are also able to increase badly needed active treatment facilities.







Claude Pettitt Retires

With much regret the Sanatorium Board says good-bye this month to Claude Pettitt, a longtime member of the laundry staff at Manitoba Sanatorium, Ninette. Mr. Pettitt is retiring from his position after serving nearly 40 years with the sanatorium staff.

A native of England, Mr. Pettitt served four years apprenticeship in carpentry and joinery before coming to Canada in 1910. After his arrival here he worked for some time for various contractors in the Arden and Neepawa districts and later in Winnipeg.

At the outbreak of World War I Mr. Pettitt joined the Canadian Army and served for three years in Belgium and France with the 10th Battalion and the Canadian Engineers.

After returning to Canada in 1919 he fell ill with tuberculosis and was admitted to Manitoba Sanatorium. Following his recovery he worked for a short while as a carpentry instructor for the D.S.C.R. Vocational Training School, then joined the staff of Manitoba Sanatorium.

Married in 1924 to the former May McCormack, a member of the sanatorium staff, Mr. Pettitt has a family of four whom have been employed



CLAUDE PETTITT

TB SURVEY

(Continued from page 1)

number of persons examined only 812 showed a positive reaction to the tests.

It is still too early to report on the chest x-rays of these positive reactors, he said.

Dr. Ross also paid tribute to the hundreds of volunteer workers who helped organize and carry out the survey. He made special mention of the Local Council of Women of Dauphin and its president, Mrs. A. T. Warnock, and the governing councils of Dauphin and the rural municipality who worked with the Sanatorium Board to provide this antituberculosis service.

Since the survey at Dauphin,

Demand For Rehabilitation Servicses Increares At Clearwater Hospital

The establishment of improved physiotherapy facilities at Clearwater Lake Hospital, The Pas, has resulted in an increased demand for rehabilitation services, according to Dr. S. L. Carey, chief of medical services.

Physical medicine clinics, held at the hospital each month and presided over by a specialist in rehabilitation medicine, have seen a steady flow of outpatients sent to the hospital for reatment by physical medicine, and of these a large proportion are children who, until recently, were transferred to the children's hospital in Winnipeg for physical treatment.

To handle the increased flow of patients an extra room has been added to the hospital's physiotherapy department. It is anticipated that further expansion will be necessary.

In charge of the physiotherapy department is Miss Elizabeth Peters. Miss Peters as-

Half of World's Children Are Harboring TR



MISS ELIZABETH PETERS

sumed the position of charge physiotherapist late last May. A native of England, she is a graduate of the Leeds School of Physiotherapy and subsequently has had some six years experience in physiotherapy in both Canada and Great Britain.

New Nurses

Four nurses from overseas were welcomed to the Sanatorium Board staff during the past month.

They are: Miss Sheila Hume Duncan of Renfrew, Scotland, who was appointed general

Bulletin Board

Dr. L. T. Truelove, chief of medical services of the Manitoba Rehabilitation Hospitals is presently a tending a three-wee course in electromyogra phy at the Mayo Clinic in Rochester, Minn. Electromygraphy, an important part of rehabilitation medicine, is a diagnostic test which measures electrical currents in muscles for the purpose of detecting diseases of the muscle nerves and the muscles themselves.

On June 19 and 20, Dr. Truelove also attended the annual meeting of the Canadian Arthristis and Rheumatism Society, at which he gave a paper entitled, "Diagnostic Problems Encountered in a Rheumatic Clinic."

Another busy member the S.B.M. staff last mon was Miss Bente Hejlsted, director of nursing services, who left her desk June 12 to 23 to attend a two-week course on the Principles of Rehabilitation Nursing. The course was offered by the University of Syracuse School of

at the sanatorium.

The Sanatorium Board's sincerest good wishes go with Mr. Pettitt on the occasion of his retirement, and it extends to him heartiest thanks for so many years of good service.

A smile costs nothing, but gives much. It enriches those who receive, without making poorer those who give. It takes but a second, but the memory of it sometimes last forever.

Rosedale, Glenella, McCreary, Lawrence, Edward, Arthur, Brenda, Winchester, Strathcona and Riverside municipalities.

Other municipalities which will be surveyed before the summer season closes are: Albert, Cameron, East St. Paul, Glenwood, Oakland, Pipestone, Sifton, Strathcona and Whitewater, Archie, Daly, Elton, North Cypress, Shilo, Wallace, Whitehad, Woodnorth, and Victoria.



The Sanatorium Board extends warm congratulations to Elijah McKay of Sachigo Lake, Ontario, and Gaspard Ballentyne of Pukatawagon, Manitoba, who recently graduated from the three-month Orderly Training Course at the Winnipeg General Hospital. Mr. McKay, left, and Mr. Ballentyne are the seventh and eighth Sanatorium Board rehabilitants to graduate from the course since it was established two years ago. Both are now on the full time staff of the hospital.

Half the world's children are infected with virulent tubercle bacilli by the time they are 14 years of age, Dr. Johannes Holm, executive director of the International Union Against Tuberculosis, told a plenary session of the National Tuberculosis Association annual meeting in Chicago.

The distribution of infection is uneven, he pointed out. In countries with the most advanced anti-tuberculosis programs the percentage infected by age 14 is from two to four. In other areas, however, infection is 100 percent by age 14.

"Tuberculosis is still a world problem," Dr. Holm said, "and there is a long way to go from merely processing the theoretical possibilities for controlling tuberculosis to actually conquering this disease as a world problem.

In much of the world, he continued, tuberculosis programs cover only small groups in the population, usually in a few cities.

"For more than half the total population of the world nothing is done in the way of tuberculosis control, and this is the part of the world in which tuberculosis is highly prevalent.

These countries are aware of their problem, however, and are trying to make a start toward solving it, he said.

Margaret McGinnis and Miss Mary McGinnis, formerly of the County of Derry, Northern Ireland, who took on positions as general staff nurses at Clearwater Lake Hospital, The Pas; and Miss Erica Grace Simons, formerly of Amsterdam, Holland, who was named general staff nurse at Manitoba Sanatorium, Ninette.

Other new members of the Sanatorium Board nursing staff include Mrs. Anna Louise Schroeder and Mrs. Dorothy Agnes Forster who were appointed general staff nurse and licensed practical nurse respectively at Assiniboine Hospital.

1960 SALES RAISES (Continued from page 1)

the previous year. This is the first time that this has happened since the 1930's, but it is understandable considering that unemployment figures were unusually high.

The reorganized tuberculosis association of the Yukon had an increase of 83% in their total returns. They also chalked up the highest percontributor average in Canada.

In the next place came Newfoundland, then Prince Edward Island.

Manitoba ranked third in per capita return, and first in the highest percentage of envelopes returned with money. Of interest to those watching the progress at the construction site of the Manitoba Rehabilitation Hospital is the completion of the tunnel connecting the hospital with the Winnipeg General and the Children's Hospital. The tunnel, smartly finished powder blue, was officionened on July 17.

Among recent visitors to the Sanatorium Board head offices were Miss Hazel Hart. Christmas Seal director for the Canadian Tuberculosis Association, Ottawa, and E. Fairbridge, rehabilitation officer at Fort William Sanatorium. During his visit, Mr. Fairbridge made a quick trip to Brandon to look over the Indian Rehabilitation Unit at Assiniboine Hospital. Miss Hart, of course, talked over the 1961 Christmas Seal Campaign.

Recent additions to the Sanatorium Board medical staff are Dr. Ho-Chiu Nire e s i d e n t physician Clearwater Lake Hospital, and Dr. David Kaan, physician at Manitoba Sanatourium, Both are graduates of the University of Manitoba.