



News Bulletin

SANATORIUM *The* BOARD OF MANITOBA

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JANUARY, 1965

Surveys Team Tests 20,000

St. Boniface

A total of 21,078 people took advantage of free tuberculosis skin tests and chest x-rays offered by the Sanatorium Board during a month-long survey of the City of St. Boniface.

The survey began in St. Boniface schools on October 5 and continued in the community until November 18. It was the second to be conducted in the city during the past four years and, like all other tuberculosis preventive services, was largely paid for

IT'S NOT TOO LATE To Answer Christmas Seal Letters

The Sanatorium Board still welcomes contributions to the 1964 Christmas Seal Campaign. Officially the campaign will not close until February 26—so there is time yet to answer our November letter.

According to the Christmas Seal Office, returns from the seal sale are about \$15,000 behind the amount raised by this time last year. It is fervently hoped that the sum can be made up during the next few weeks; otherwise tuberculosis preventive services may have to be reduced.

That this should happen at a time when case-finding measures are beginning to pay off is indeed unfortunate. Over the years money raised by Christmas Seals has done a lot to reduce the incidence of TB in this province. From nearly 900 new cases diagnosed in Manitoba in 1949, we have gradually moved to the point where less than 300 new active cases are uncovered yearly. Indeed, in 1964, only 228 new active cases were uncovered—the lowest number ever recorded in Manitoba.

Board Discontinues Payments On Hospital Admission X-Rays

Because of a reduction in the National Health Grant for Tuberculosis Control, the Sanatorium Board of Manitoba reluctantly discontinued payment to hospitals on December 31 for admission x-rays.

The general hospital admission x-ray program has been an important part of tuberculosis control in Manitoba since May, 1949, and over the years more than one million patients and hospital personnel have benefited from the service.

National Health Grants have paid for the admission x-rays; but recently these grants were reduced, leaving

said. In 1963 more than one-third of the new active cases of tuberculosis reported in the province — and nearly one-third of the reactivated cases — were uncovered in general hospitals.

Since 1949 some 1,000 probably active cases of tuberculosis have been discovered by this method.

The Sanatorium Board began the hospital admission

by Christmas Seals.

Included in the survey were the examination of pre-school and school children and the testing of some 800 employees in 20 St. Boniface industries. The final results for the whole survey show that 16,803 people were tuberculin tested and 4,275 others were chest x-rayed only.

Those who received tuberculin tests, 1,975 were active reactors and required follow-up x-ray examinations. Another 1,992 people, who had been positive reactors in the 1961 survey, were also x-rayed.

In all, the survey was judged a success by Surveys Officer Jim Zayshley. It is difficult to determine how many of the 38,000 St. Boniface residents have actually been tested for tuberculosis during the past year, he said. Many who did not take part in this program had already taken advantage of the Sanatorium Board's industrial surveys and Christmas Seal preventive services elsewhere.

Mr. Zayshley pointed out that the Sanatorium Board owes a great debt of gratitude to the many people who rendered their services to help make the survey a success. Chief among the contributors were the St. Boniface city council, the St. Boniface Health Unit and some 700 women who, under the direction of Mrs. G.

But in order to maintain this wonderful progress, preventive services must be continued as vigorously as ever. We cannot point out too strongly than any relaxation in effort could very well mean a tragic upsurge of disease.

C. MacLean, Women's Committee Convenor, and Co-convenor Mrs. S. W. Caughy, took charge of the canvassing, mailing out appointment cards and the registrations.

Dr. W. R. French, medical director of the local health unit, was an outstanding help to the Board. Among other things, he took part in TV interviews, wrote articles about the survey for the local newspaper, and obtained the permission of the school board to use schools as testing sites.

Brian Burnett, health unit health educator, took charge of the publicity and arranged extensive coverage of the survey in the press and on radio and television.

Great credit is also due to Mayor Joseph Guay, honorary chairman of the steering committee; Ald. Joseph E. St. Hilaire, general survey chairman, and Maurice Prud'Homme, city clerk, who prepared special records for the survey from last spring's census.

TB Tests for Schools

The Sanatorium Board of Manitoba opened the 1965 tuberculosis preventive program this month with a big tuberculin and x-ray survey

of some 8,000 Winnipeg high school students and 2,000 teachers.

The survey — paid for in part by the annual sale of Christmas Seals — began on January 12 and will continue until February 23. Ten high schools are taking part in the program, as well as the teaching and maintenance staffs in over 80 elementary and secondary schools.

The survey is provided in co-operation with the Winnipeg City Health Department and has the full support of the Winnipeg School Board and the Manitoba Teachers' Society, Winnipeg Division, who have recommended that all city teachers receive free tuberculosis tests every two years. High school students in Winnipeg are tested by the Sanatorium Board every year.

Set New Record

Students at the University of Manitoba set a new record for the Sanatorium Board last November when during one day a total of 2,483 men and women lined up for free tuberculin skin tests. This is the most people ever tested by the Board's survey teams during a single day's operation.

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insufficient money to finance this aspect of tuberculosis prevention. It is stressed, however, that other preventive services, such as community tuberculin and x-ray surveys, will be continued as before.

At the meeting of the Board's Medical Advisory Committee, members voiced the hope of enlisting the interest and support of the medical profession and of hospital and other health authorities in Manitoba to resume this valuable, protective, case-finding measure as soon as possible.

Routine chest x-rays upon admission to hospitals are an excellent way of finding tuberculosis, the committee

sions.

First, it was known that a larger percentage of people who are admitted to general hospitals for any illness tend to have TB than do other people in the community.

These patients also include a large number of elderly persons and, since tuberculosis has been steadily increasing among the elderly, the admission x-ray program has been our best means of finding tuberculosis in this age group. Elderly persons, it has been found, are as a rule reluctant to attend the Board's community survey.

Secondly, the program protects hospital staffs. In the

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NURSING NEWS**Rehabilitation Nurses Receive Certificates**

The fourth group of registered nurses to participate in the formal course in rehabilitation nursing at the Manitoba Rehabilitation Hospital received graduation certificates on December 11.

The occasion was marked by an excellent discussion on the economic importance of rehabilitation. Miss E. L. M. Thorpe, MBE, Sanatorium Board nursing consultant, was chairman; the panelists were Walter Boyd, rehabilitation co-ordinator for the Province of Manitoba; T. A. J. Cunnings, Sanatorium Board executive director; Dr. Dr. L. H. Truelove, chief of medical services, M.R.H.; and A. H. Atkins, hospital manager.

The purpose of the rehabilitation nursing course — established in October, 1963 — is to teach graduate nurses the special skills required for rehabilitation and to give them the necessary knowledge to understand and evaluate the work of other rehabilitation personnel.

Each nurse in the hospital experiences the course as part of in-service education.

instructor at Assiniboine Hospital.

Mrs. Myers has been a member of our Brandon staff since October, 1960, and until her new appointment was a head nurse. She is a 1954 graduate of Dauphin General Hospital and before joining the Sanatorium Board staff served for three years at the Dauphin Hospital and for nearly five years as a general duty nurse with the Hudson's Bay Mining Employees' Association at Snow Lake.

Last year she completed a year of advanced study in nursing at the University of Manitoba.

Succeeding Mrs. Myers as head nurse at Assiniboine is Kenneth E. Hawkins, an English-born male nurse who came to Canada and joined our staff in September, 1962. Previously he was a charge

highest quality at Assiniboine Hospital.

* * *

On December 4 members of the medical and nursing staff at Assiniboine Hospital, Brandon, and representatives of all other hospital departments gathered in the staff lounge to honor Mrs. Marjory Klimczak who was resigning from her post as day supervisor and nursing instructor.

On behalf of the staff, Senior Physician Dr. R. C. Lambert presented Mrs. Klimczak with a fine gift of Corning ware and thanked her for her many years of faithful service. Thanking her fellow workers, Mrs. Klimczak said it was with deep regret that she was leaving her work and her many associates at Assiniboine.

Except for a brief period in 1954-55, Mrs. Klimczak has served the hospital and the Sanatorium Board for 14 years, proving herself to be a very capable, efficient and devoted nurse. She joined our Brandon staff in Decem-



The latest group to complete the Nurses' Assistants and Nursing Orderlies Training Program at the Manitoba Rehabilitation Hospital received certificates in a special ceremony held in the hospital auditorium December 11. From left to right the graduates are: Front row — Mrs. Nora Barnfather, Mrs. Anne Marie Stawinski, Mrs. Lucy Vikiš and Miss Carol Marie Paldiwoj. Back row — Stanley Prince, Joseph Nemeth, Neil Gordon MacDougall, Stanley Kwasny, Ely Calman, and Mrs. Doris Setter, clinical instructor.

(Photo by Dave Portigal.)

HOSPITAL ADMISSION X-RAYS

(Continued from page 1)

days before the program was instituted, many sanatorium beds were occupied by doctors and nurses who had picked up tuberculosis from undetected, infectious cases among patients.

In addition, the admission x-ray program has provided a convenient free chest x-ray

x-ray program as a valuable health service. From 25 hospitals in 1950, the number of hospitals with such programs has grown, so that last year 79 hospitals participated in the program.

In hospitals with more than 1,000 admissions annually, the Sanatorium Board

included: Mrs. Iva Anderson, Mrs. M. J. Weigert, Mrs. Mary F. Hicke, Mrs. Miss Alice Ball, Mrs. Negri Leicester, Miss Catherine Clark, Miss Carole MacKinnon and P. C. Philip.

* * *

Our warmest wishes to Mrs. Vera M. Myers who this month was appointed day supervisor and nursing

North Devon.

It is felt that in their new posts Mrs. Myers and Mr. Hawkins will be capable, valuable assistants to the Director of Nursing Mrs. I. A. Cruikshank who herself has given the Sanatorium Board 28 years of devoted service and has been responsible for organizing and developing nursing care of the

nurse and in 1959, when the hospital was converted into an extended treatment centre, she was appointed day supervisor and instructor of in-service education.

All members of the Sanatorium Board are reluctant to see Mrs. Klimczak go — and we all join in wishing her much happiness in her new home in Swan River.

It has also proved of value for discovering other chest conditions and abnormalities. This is evident by the fact that last year nearly 4,000 out of 67,403 persons x-rayed by this service had non-tuberculous chest conditions.

Each year more hospitals have accepted the admission

take miniature films at low cost. In some cases the hospitals have had their own radiologists read the films, the remaining hospitals have submitted their films weekly to the Central Tuberculosis Clinic for interpretation. Last year 65 Manitoba hospitals referred a total of 22,859 films to the clinic for reading.

TUBERCULOSIS PREVENTIVE SURVEYS

(Continued from page 1)

During the months of November and December the Sanatorium Board provided free tuberculosis examinations to students and faculty at the University of Manitoba and affiliated colleges and to the Manitoba Teachers' College. At the University of Manitoba 8,083 received tuberculin skin tests and 2,947 were x-rayed between November 16 and 22.

At the Manitoba Teachers' College on December 7 and 10, a total of 560 students and faculty members were tuberculin tested and 136 were x-rayed.

And again, the Sanatorium Board extends a very warm thank-you to six members of the Ladies' Auxiliary of the Associated Canadian Travelers, Winnipeg Club, who did a splendid job out at the Fort Garry campus register-

ing students for the tests and swabbing for the study team.

Survey Nursing Homes

By the end of February, around 2,700 nursing home patients and staff in Winnipeg will have been examined for tuberculosis by the Sanatorium Board's surveys branch.

Thirty-three homes are included in this program which began with the examination of patients and staff in the large nursing homes in December and early January and will continue with surveys of the remaining homes during the whole month of February.

The screening of Winnipeg nursing homes each year is another of the Sanatorium Board's tuberculosis preventive services made possible by the annual sale of Christmas Seals.



The third group to graduate from the rehabilitation nursing course at the Manitoba Rehabilitation Hospital December 11 are pictured with instructors and executive staff. Left to right, front row: Miss Mary Hamilton, Social Service, graduates Mrs. Iva Anderson, Miss Winnifred Ruane, Miss Alice Ball, Mrs. N. Leicester, Miss C. Clark, Miss C. Mackinnon. Middle row: SBM Executive Director T. A. J. Cummings, Dr. Dwight Parkinson, president of the MRH Medical Staff, Mrs. M. (Pemberton-Smith) Trainer, nursing instructor, SBM Nursing Consultant Miss E. L. M. Thorpe, graduates Mrs. M. F. Hicke, P. C. Philip, and Mrs. M. J. Weigert, Walter Boyd, provincial Rehabilitation Co-ordinator, Miss M. Spence, School of Medical Rehabilitation, A. H. Atkins, hospital manager, Dr. R. R. P. Hayter. Back row: Mrs. D. Setter, clinical instructor, Miss M. Damen, Speech Therapy, Miss S. J. Hourihan, head nurse, Mrs. D. L. Whimster, Outpatient Department, Director of Nursing Miss E. G. Coull, Miss V. R. Peacock, day supervisor, Miss Joan Edwards, chief physiotherapist. (Photo by Dave Portigal).

Parties, Concerts, Carolling Mark Holiday Festivities

Christmas—the time to sing carols, decorate a tree, and lay the festive table. It's the time, too, when the spirit of giving and brotherhood predominates all our feelings; when friendships are reaffirmed and a kindly hand is extended to the sick and the lonely.

For those in the Sanatorium Board hospitals, Christmas has always had this special significance and we count ourselves especially fortunate to be able to share with patients the joys of the wonderful season. At Ninette and Brandon, in Winnipeg and up at Clearwater Lake Hospital, The Pas, staff members gave wholeheartedly of themselves to make the holiday as bright and happy as possible for those who could not be with their families and friends.

Outside our hospitals, many individuals and organizations contributed gifts or to sing carols. It is not possible to name all the kind persons who helped, but briefly we shall recount the major events.

Christmas Concert for Rehabilitation Patients

The Christmas Concert and Party at the Manitoba Rehabilitation Hospital on December 16 grew out of the

fashions presented by the physiotherapists.

Everyone was impressed by the excellent acrobatic show put on by two of our remedial gymnasts, by the Bamboo Dance performed by two little Filipino girls, and the Christmas songs beautifully sung by Ira Drydale. All are still chuckling at the "Rehabilitation Song" written and sung by nurse Patricia Peters.

Space does not permit the mentioning of all the people who took part, but we would be remiss if we did not single out Mrs. Margaret Speers, Mrs. Nancy Tidmarsh, Miss Joannah Waldron and Miss Peters, who were the chief organizers of the program; Mrs. W. B. Barnard who selected, bought and, with the assistance of her volunteer service, wrapped the patients' gifts; and Angelo Combiadakis, nursing orderly, who made a fine Santa Claus.

A very special thank-you is also extended to the girls in the cafeteria who worked long hours overtime to pre-

ward on the afternoon of December 22.

Organizations from outside the clinic did much to brighten the season for the patients. Such groups as the Pi Beta Phi Sorority, the Falcon Cub Pack of St. James and a Mennonite church choir came to sing carols during the week before Christmas, and some very special entertainment was provided by ex-patient Don Carver and his five-piece band, The Country Ramblers, on December 20.

The St. Boniface Inner Wheel donated five stockings of gifts for the children. Other contributors of candy and the gifts were the employees of the T. Eaton Company and Tom Pickering of Modern Building Cleaning Service. (Modern Building Cleaning Service incidentally sent eight lovely Christmas plants to patients at both the C.T.C. and rehabilitation hospital).

Christmas at Ninette

The patients' party in our Winnipeg hospital may become an annual tradition. Out at Manitoba Sanatorium, however, a similar Christmas concert, in which both patients and staff take part,

patients, staff, their relatives and friends in the gaily bedecked main dining hall. Following dinner, the guests gathered for a special Christmas picture show.

Contribute Many Gifts

Chief among the contributors to the patients' Christmas was the sanatorium staff who donated \$90 to purchase gifts for 24 women patients who otherwise would not have had gifts.

The Professional Engineers' Wives of Winnipeg sent 50 gifts and \$50 for the patients' comfort fund; the Ladies' Auxiliary to the Associated Canadian Travelers, Winnipeg Club, sent money and gifts to eight women patients and \$50 for books and other comforts; T. Eaton Company employees sent a big box of toys to 54 children; and the Killarney Kiwanis Club and the Canadian Legion in Winnipeg provided for over 80 male patients.

Other generous donations were received from United Church Women's Group No. 4, Northcote W.I., Canadian Legion Branch 25, Square Dance Club, Elks Lodge, Chamber of Commerce, Anglican Church Women's Aux-

other medical and nursing personnel.

Many groups visited the hospital before Christmas. On December 17, members of CFAR Radio Station in Flin Flon delivered a load of presents donated by both the station and the listeners, and Manager Carl Edmund and Tony Lekopoy toured each ward to record messages for broadcasting.

The Rev. D. Roberts and the Ladies' Auxiliary of Christ Church, The Pas, visited the hospital December 18 to hold a carol service and distribute gifts to patients. In the days following the Elks Lodge brought gifts and the members of The Pas Ukrainian Catholic Church, including a group of musicians and the Young Peoples' Choir, visited patients on each ward. John Sokulski, as Santa Claus, presented a gift to everyone.

Finally, on December 22, a combined choir from all churches in The Pas were joined by Clearwater's own staff members in the singing of carols on all wards.

* * *

The Clearwater staff cele

out of the eagerness of the staff to help patients forget their troubles and join in an evening of fun. The sponsor, who wishes to remain anonymous, generously contributed the money for refreshments and a gift for each patient. Ther personnel from every hospital department gave their all to present outstanding entertainment.

The party was probably the most successful in the hospital's history, and the evening's events were the topic of conversation for many days afterwards. Some will long remember the excellent western music provided by Head Cook Ben Mayo and his band as the nursing staff and members of the hospital's volunteer service helped get the patients down from the wards to the auditorium. Others still delight in talking about the program of songs, dances and skits that followed: The parody of a children's concert in which members of the social service and nursing departments and the Central Tuberculosis Clinic mimicked the playful, gum-chewing, obstreperous children trying to get through their parts under the eye of their harassed teacher: the hilarious skit based on the TV show "The Munsters" provided by the laboratory personnel: the spoof of men's and women's

the unfortunate thing is that in order to have the food ready, they had to miss the entertainment.

Nine Lessons Festival

A traditional and most beautiful event is the Festival of Nine Lessons and singing of carols which takes place at the Manitoba Rehabilitation Hospital just prior to Christmas. On the afternoon of December 23, two candle-bearers (Patrick Truelove and Barry Stevens) followed by the staff choir in dark blue gowns filed singing into the decorated hospital auditorium to begin the service. The Protestant chaplain, the Rev. S. J. Mackay, delivered the invocation after which patients and staff joined in carol singing and listened to the nine lessons read by Barry Stevens, Mrs. Mary Swaffield, A. H. Atkins, Miss Evelyn McGarrol, Dr. L. H. Truelove, Mrs. Joy Huston, F. Carpenter, Miss Joan Edwards and T. A. J. Cunnings. The closing prayer was then given by the Rev. Father J. M. Joannis, Roman Catholic chaplain for the Manitoba Medical Centre.

Carollers Sing For C.T.C. Patients

For the tuberculosis patients in the Central TB Clinic, the staff choir arranged to sing carols on each

The children from Number One Pavilion had a big part in the program presented on December 20. The smallest ones sang together, the older boys sang a pirate song and presented solo numbers, including a Russian dance and gymnastics.

Indian and Eskimo patients took part in the Christmas pageant. A choir, conducted by Mrs. A. L. Paine, provided the background music: pageant directors were Miss G. L. Manchester and Miss Gladys Wheatley.

Other program highlights included a guitar and accordion duet by Eskimo patients. Mike Bruce and Mrs. Povak, vocal solos by Martha Paine, Robert Nabess and Percy Tuesday, Eskimo carols, a staff skit and selections by the sanatorium orchestra.

* * *

Christmas festivities began at Ninette on the afternoon of December 24 when patients and staff gathered around the Christmas tree in the assembly hall. The staff choir sang carols and medical superintendent Dr. A. L. Paine played a violin solo, after which Santa and his helpers arrived to distribute gifts.

On Christmas Day there was open visiting with the patients and a big dinner for

Killarney: Zonta International, Chapter L-Order of the Eastern Star, Simmons Ltd., Fidelity Branch, 105, Canadian Legion and Miss Lydia Atkinson, Winnipeg: MacGregor Women's Institute, Thicket Portage Community Club, Hartney C.G.I.T., Minitonas W.I., Riverside and Wawanesa Square Dance Clubs, Elgin United Church Women, Domain 4-H Gordon Club, Boissevain Primrose Homemakers, Ninette Ladies Auxiliary to the Canadian Legion, Mr. and Mrs. Johnston McPherson and Mrs. E. Davidge, Transcona.

Deck the Halls . . .

At Clearwater Lake Hospital the staff labored for many hours to prepare for Christmas. Evergreen was brought in from the surrounding forest, and as the big day approached the hospital took on a beautiful, festive look.

On Christmas Day the children woke up to find bulging stockings on each bed, and after morning church service, Santa Claus (Donald Maclean) paid a visit to all the wards and distributed gifts. He was accompanied by Chief of Medical Services Dr. S. L. Carey, Director of Nursing Miss V. Appleby, Hospital Manager Hilary Davies and

Recreation Hall on December 19. About 50 persons, including members of the nearby Department of Transport, joined in for an evening of fun and dancing to a four-piece orchestra from The Pas.

Donors of Gifts

According to our Clearwater reporter, the hospital nursing service did an outstanding job sorting and labelling the large numbers of gifts generously provided by many individuals and organizations.

In addition to those already mentioned, the donors included Ich Dien Club, Second Winnipeg Land Rangers, Miss H. Wells, Windsor School, Eatons' employees, Winnipeg: St. Thomas More C.W.L., St. Boniface: Mrs. Miller, Mrs. Shampferlen, Mrs. Monpetit, Jolly 13 Club, Order of the Royal Purple, Circle C of St. James Church, Mr. and Mrs. N. Nasselquist and the IODE, Flin Flon: First Guide Company and United Church Sunday School, Lynn Lake: Snow Lake Brownies: North Star, L.O. B.A. and Hayes Funeral Home, The Pas: and Clearwater's own Northwood Hall, on behalf of the hospital employees.

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RHEUMATOID ARTHRITIS

Six-Stage Program Pays Off

Rheumatic diseases are the commonest cause of chronic illness in Canada and rank second only to nervous and mental diseases as a cause of temporary or permanent disability. More than one million Canadians are affected by this group of dis-

eases; rheumatism, it is said, is more common than the total number of cases of tuberculosis, diabetes, cancer and heart disease combined.

Rheumatoid arthritis is the most painful form of these diseases, for it affects the entire body as well as the joints. Like most other diseases, it may be mild, moderate or severe; in the extreme form it may produce severe crippling and deformity. And contrary to popular belief, rheumatoid arthritis is not a disease of old age. According to U.S. statistics, over 50 percent of the disability is in persons under 45 years of age.

Since the cause of rheumatoid arthritis is not known, no specific cure has yet been developed. But it has been found that through organized programs of medical, physical and occupational therapy, through special training in the activities of daily living, and through social and vocational counselling, many patients suffering from rheumatoid arth-

his entire treatment time on activities of daily living and vocational assessment.

The average length of hospital stay for the patient suffering from rheumatoid arthritis is about 10½ weeks. To record the success of the program, the rehabilitation hospital last year undertook a special study of 200 patients who had been treated up until the end of 1963. The group included 156 women and 44 men. Their average age was 55 years, the average duration of their disease was 11 years.

With the co-operation of the provincial Public Health Nursing Department and Care Services the patients were reviewed after an average of 15 months following their discharge. Public Health Nurse Miss Etta Brenner did an outstanding job following up each patient, and as a result of her extensive work, the hospital staff was able to make their comparisons.

The patients were divided according to functional capa-



Community tuberculosis surveys could not be carried out successfully without the aid of a splendid army of volunteers who sacrifice many hours to canvass each home, act as registrars and arrange the publicity. Two of the hundreds who helped during the October survey of St. Boniface were Mrs. E. E. Proulx who registered residents for the tuberculin tests and Brian Burnett of the St. Boniface Health Unit, who took charge of the publicity.

of dependence and 35 percent had some disability but were able to work.

Fifteen months following discharge, about 50 percent were not disabled; the remainder were at the Grade 2 level.

The results of this study were presented in a special paper by the hospital's Chief of Medical Services, Dr. L. H. Truelove, at the International Congress of Physical Medicine and Rehabilitation in Paris last September. It

Manitoba Rehabilitation Hospital was practicable and efficient, and, above all, acceptable to the patients.

A.C.T. Auxiliary Donates 10 Chairs for Patients

Our warmest appreciation is expressed to the Ladies' Auxiliary of the Associated Canadian Travellers, Brandon Club, who on January 5 presented a cheque for \$440.92 to Assiniboine Hospital for the purchase of ten chairs for the

Bulletin Board

The Sanatorium Board takes great pleasure in welcoming to our staff Dr. Basil J. S. Grogono, MB, FRCS (Lond. & Can.), who on December 31 was appointed medical director of the 15-bed Paraplegic Unit at the Manitoba Rehabilitation Hospital.

Born in the United Kingdom, Dr. Grogono completed his medical training at St. Mary's Hospital in London and specialized in orthopaedics. Arriving in Winnipeg a few years ago, he became assistant senior surgeon at the Shriners' Hospital and orthopaedic surgeon at Deer Island Hospital. He is a lecturer and part-time tutor at the University of Manitoba Medical College.

Before assuming his new post at the rehabilitation hospital, Dr. Grogono spent two weeks in Toronto observing the Canadian Paraplegic Association's treat-

self-sufficient life.

At the Manitoba Rehabilitation Hospital, for example, the treatment of rheumatoid arthritic patients has been an important service since the hospital was opened in 1962. Some 300 patients have completed the program, many with very good results.

When the program was first set up, the hospital felt that it would be useful to establish a framework for the rheumatoid arthritic which would be sufficiently organized to allow patients to be treated in groups, but also sufficiently flexible for the patient's own attending physician to prescribe individually.

Briefly, the program was organized into six stages, progressing from rest and exercises in bed in the first stage to group treatment right in the physiotherapy and occupational therapy departments. At Stage Two, for instance, the patient remains on rest and bed exercises but begins pool therapy twice a week. At Stage Three, he is in the pool twice a week and when he reaches Stage Four he begins light group exercises, practises ambulation and performs sitting activities in occupational therapy. Stage Five includes heavier group exercises in the physiotherapy department and standing work in the occupational therapy department. At the sixth and last level, the patient spends

who were not disabled; Grade 2 included those who had some disability but were still able to work or run their homes; Grade 3 denoted some degree of dependence on another person; Grade 4 comprised those who were fully dependent.

At the time of admission to hospital, the estimations of disability in the total group of 200 were:

Grade 4 — 15 percent
Grade 3 — 55 percent
Grade 2 — 30 percent

At the time of discharge the percentages were:

Grade 4 — 5 percent
Grade 3 — 15 percent
Grade 2 — 75 percent
Grade 1 — 5 percent

Fifteen months after discharge, the patients fell into the following groups:

Grade 4 — 7 percent
Grade 3 — 15 percent
Grade 2 — 53 percent
Grade 1 — 25 percent

The important distinction is, of course between Grades 1 and 2 and Grade 3 and 4. That is, 15 months after discharge 80 percent of the patients could be considered socially and economically independent.

The hospital also found that the 35 patients who had had disease for less than a year and a half did much better than the others who had been suffering for a longer time. At the time of their admission 20 percent were fully dependent; 45 percent had some degree

compared favorably with the results of similar surveys carried out at other centres — that, in fact, the rheumatoid arthritic program at the Man-

The presentation was made by Mrs. S. G. Evans and was accepted on behalf of the hospital by Dr. R. C. Lambert, senior physician.

FESTIVITIES

(Continued from Page 3)

At Assiniboine

Christmas festivities began early in December at Assiniboine Hospital, as choral groups from all parts of Brandon paid visits to the patients to sing the favorite carols.

The hospital was aglow with colored lights and tinsel, the focal point being the newly acquired patients' sitting room where the patients and their many guest were able to visit in a homey atmosphere.

Throughout the season patients were able to celebrate Christmas communion and on Christmas Day a sumptuous dinner was served for both patients and their guests.

The hospital is very grateful to the Christmas Cheer Registry and the many church organizations who sent gifts.

Christmas Parties

All hospital departments held their individual Christmas parties and joined together for the big annual evening of merriment at Columbian Hall. Accompanied by relatives and fri-

ends, the staff enjoyed an evening of dancing and games followed by a turkey supper. In the absence of Chief of Medical Services, Dr. R. C. Lambert, Dr. W. Shahariw extended greetings on behalf of the Sanatorium Board and the hospital medical staff.

Fifty-one students from the Rehabilitation Unit at Assiniboine and their guests tucked away 50 pounds of turkey at a Christmas party on December 18. Except for the roasting of the turkeys girls in the unit prepared all the food and served it under the direction of Unit Supervisor Miss M. M. Stevenson.

The lounge was attractively decorated for the gala affair. Unit teacher Lynn Kuzensko acted as master of ceremonies for the evening and former student Tommy Suwarak led the dancing.

Special highlights of the evening was a visit from Santa (Rod McKenzie of Ninette) and a letter of greetings from Prime Minister Lester Pearson, who had visited our Brandon Unit earlier in the month.

Lodge.

* * *

Other recent additions to the staff include Granville Hall, Miss Elizabeth Chacko and Miss Grace John, general staff nurse at Manitoba Sanatorium.

A native of Yorkshire England, Mr. Hall trained as a nurse at H. General Hospital and done general and geriatric nursing during the past seven years in England, Australia and New land.

Miss Chacko and Miss John both came from India where they were nursing at Safdarjang Hospital in New Delhi.

* * *

Dr. G. J. Wherrett, Ottawa, arrived in Winnipeg January 8 to begin a comprehensive study for the Sanatorium Board on tuberculosis facilities and policies in the province. Formerly executive secretary of the Canadian Tuberculosis Association, Wherrett is a noted tuberculosis expert; and it is hoped that the results of his survey will help the Board shape its future control program.