



Big Rally for Ben



At a special sports rally at the Manitoba Rehabilitation Hospital this month, quarterback Kenny Ploen of the Blue Bomber Football Club, presented a plaque to Winnipeg athlete Ben Reimer while remedial gymnast Cyril Berrington looks on. The plaque held a horseshoe and in inscription which read: "Good Luck, Ben Reimer. British Commonwealth Paraplegic Games, Jamaica, August 1966." (Photo by Dave Portigal)

"All the Blue Bombers are pulling for you to go out there and win," grinned star quarterback Kenny Ploen as he presented 26-year-old Ben Reimer with a little plaque wishing him good luck at the Second British Commonwealth Paraplegic Games in Jamaica this month.

Ben, Canada's only representative at this big international event, and his coach, remedial gymnast Cyril Berrington, were the focus of a special sports rally held in the auditorium of the Manitoba Rehabilitation Hospital on Monday evening, August 8. Well over 200 Sanatorium Board staff and members of the Canadian Paraplegic Association's Wheelchair Sports and Recreation Club turned out to cheer the pair.

Kenny Ploen, a big name in Canadian football and one of the nicest fellows we've met, dropped in about midway through the rally to make the presentation to Ben. The fact that he left a gruelling practice to do so endeared him more than ever to his fans.

For beaming Ben Reimer it was a night to remember. Dressed in natty grey slacks and navy blazer sporting the Canadian coat of arms (his official garb for the opening of the games on August 14), he happily accepted the good wishes of the crowd.

Ben registered for the lightweight weight-lifting contest, the javelin throw and the archery match. He has worked hard during the past months to improve his skills, and Cyril Berrington, members of the hospital's physiotherapy department and Dr. B. J. S. Grogono have worked right along with him.

Altogether, 111 paraplegic athletes from 10 Commonwealth countries took part in the competitions. Among the spectators were H. R. H. Prince Philip, Duke of Edinburgh, the Governor-General and the Prime Minister of Jamaica.

The outcome of the games will of course, be well known by the time this issue of the Bulletin comes off the press. But, as the rally chairman Ted Sims, pointed out: Win, lose or draw . . . Ben is our champ!

Large Crowds Turn Out For Free TB and Diabetes Tests

The Sanatorium Board's combined tuberculosis and diabetes detection program is receiving enthusiastic support in Western Manitoba municipalities this summer.

During the months of June and July a total of 14,202 residents in 12 municipalities lined up for free skin tests for tuberculosis and 7,406 received the simple blood glucose tests for diabetes. Several thousand persons, many of them positive tuberculin reactors at previous tuberculosis surveys, were also chest x-rayed.

Jim Zayshley, Sanatorium Board surveys organizer, is exceedingly pleased with the public's response, and he expressed his appreciation to the members of the Board's surveys teams, to the hundreds of community volunteers who paid personal visits to every home in each community and helped out at the testing sites, and to the local mayors, Reeves, doctors and other community leaders who have given the program outstanding support.

The tuberculosis tests, as always, are financed through contributions to the annual Christmas Seal Campaign. The Associated Canadian Travellers, Brandon Club, are paying for the diabetes tests.

The diabetes detection program was added to the Board's surveys program at the beginning of June as a pilot project. These tests, which involve the extraction and analysis of a drop of blood from the individual's finger tip, are being offered this summer to all residents, 21 years of age or over, in 26 municipalities in western Manitoba.

The project is under the medical and technical direction of Dr. J. A. Moorhouse, director of the University of Manitoba Metabolic Laboratory, and D. R. Grant of the

University's Department of Physiology.

The first report on the findings of the program will be released shortly. However, in a pilot survey of 967 Winnipeg residents last year, it was found that one per cent of those who received the blood test were diabetic and 0.5 per cent were possibly diabetic.

The Sanatorium Board has a special interest in the tests, primarily because persons with diabetes do not offer as much resistance to infections as other people and therefore are more susceptible to tuberculosis.

Persons who have diabetes should be tested for tuberculosis every year.

O'CANADA



Where else can you find a deeper, more shining faith in one's country than in exuberant youth. See another picture and the story inside.



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The Paraplegic Games

Ben Reimer's participation in the Second British Commonwealth Paraplegic Games in Jamaica this month is a big first for Manitoba—and indeed for all of Western Canada. He is the sole Canadian entered in the competitions, and while it is most regrettable that our country couldn't produce a large showing, we cannot help but feel very proud that the man representing Canada is also representing the Sanatorium Board of Manitoba and the people who have worked so hard to organize a top-notch rehabilitation program for the physically disabled.

Since so many staff members have been following Ben's achievements with great interest, we shall give here a brief summary of what happened at the opening ceremonies in Kingston on Sunday afternoon, August 14.

* * *

The ceremony took place on the playing field of the University of the West Indies.

At 4:10 p.m. a Guard of Honor mounted by the First Battalion The Jamaica Regiment and the Regimental Band marched on to the playing field.

The Games Flag was raised on the centre pole to the north of the playing field, flanked by the Jamaica flag on its left and the Australian flag on its right. (The previous Commonwealth games were held in Australia.)

The Chief of Staff of the Jamaica Defence Force, Brig. David Smith, was escorted from the VIP stand to the saluting dais, followed by the chief members of the organizing committee and the heads of the Jamaica Paraplegic Association.

The Prime Minister of Jamaica arrived, was given a general salute and escorted to the VIP stand.

The Governor-General Sir Clifford Campbell and Lady Campbell arrived. His Excellency ascended the Saluting Dais and was given a Royal Salute, at which time his personal standard was broken on the left of the two flag poles at the east side of the field.

At 4:30 p.m. H. R. H. Prince Philip, Duke of Edinburgh, arrived, ascended the dais and was given a Royal Salute from the Guard of Honor, his personal standard being broken at the same time on the right of the eastern side of the playing field. Then the band played God Save the Queen and the Jamaican National Anthem.

Prince Philip inspected the guard, and after the official party had been introduced all around, His Royal Highness, accompanied by the chairman of the Organizing Committee and the Equerry, returned to the Saluting Dais.

Then the big moment! At 4:45 p.m., the teams from the participating countries headed by Australia and followed by Canada, England, Fiji, New Zealand, North Ireland, Scotland, Trinidad, Wales and Jamaica (with an interval of 15 paces between each) wheeled on to the field to the music of the band.

Each contingent was headed by a soldier of the 1st Bn. Jamaica

Regiment bearing a shield with the country's name. Then followed each country's flag bearer with the flag. He was followed by the team manager, next the team officials and finally the competitors.

(So, in Canada's case this would have included the soldier carrying the shield, a flag bearer and flag provided by the Canadian High Commissioner in Jamaica, then coach Cyril Berrington . . . and then Ben.)

As each team entered the field, their country's flag was broken on the poles in front of the pavilion. As they approached the dais, eyes, of course, were turned right and flags dipped in salute.

The teams then took up positions on the field, after which the Chief Marshall gave the order for the flag bearers to turn and quick march to a special stand where they ranged themselves in an arc facing the saluting dais.

Prof. John Golding, chairman of the Organizing Committee, welcomed all present and invited H. R.H. Prince Philip to declare the games open.

There followed a fanfare, the trooping of the Ceremonial Flag of the Paraplegic Games and the hoisting of the flag on the main pole at the west side of the field.

Another fanfare and the flag bearers (save the Jamaican) dipped their flag to the horizontal.

The captain of the Jamaican team then pronounced the Oath of the Games:

"We declare that we will take part in the Commonwealth Paraplegic Games of 1966 in the spirit of true sportsmanship recognizing the rules which govern them and desirous of participating in them for the honor of our Commonwealth and for the Glory of Sport."

The flags were raised, the bearers returned to the head of their teams, again God Save the Queen, and Prince Philip departed and his standard struck.

CTA Reports Increase in Tuberculosis

During 1965 a total of 4,803 new active cases of tuberculosis were reported across Canada, it was revealed at the annual meeting of the Canadian Tuberculosis Association in Saskatoon in June.

This figure is 262 more than the number reported in 1964. And if one would also take into account the reactivated cases, the total number of tuberculosis cases reported throughout the country last year was 5,703.

The convention's keynote speaker, Saskatchewan Minister of Health Dr. D. G. Steuart, said that it is "all too easy to become over-

Sanatorium Board's Executive Honors Retiring Deputy-Minister

Members of the Sanatorium Board of Manitoba gathered for a special luncheon on Friday, June 24, to honor Dr. Morley R. Elliott who on June 30 retired as Deputy Minister of Health for Manitoba.

Dr. Elliott has been a member of the provincial Department of Health for 23 years and deputy minister for the past 15 years. His contributions to the health life of this province during this time have been outstanding.

He has been instrumental in establishing one of the most progressive and comprehensive public health programs in the country through the development of local health units and such measures as early immunization for the control of communicable diseases. He has also had a big hand in the expansion of health services for senior citizens, the mentally ill and the physically disabled.

Here at the Sanatorium Board we shall always be grateful for Dr. Elliott's assistance in the building and developing of the Manitoba Rehabilitation Hospital, and for his advice and help in establishing a province-wide antituberculosis campaign which in many areas has practically wiped out the disease.

We feel we have another special link with Dr. Elliott, for during the early part of his career, just following graduation from the University of Manitoba Medical School in 1926, he served for a brief period as an interne at our Manitoba Sanatorium, Ninette.

Dr. Elliott, who was born in Ontario, came to Rapid City, Manitoba, as a boy in 1908. After finishing his medical training and serving at Ninette, he was in private practice for a few years in Wawanesa, after which he obtained his Diploma in Public Health and joined the Manitoba Department of Health and Welfare in 1936.

At the outbreak of war he left his post to join the Fort Garry Horse Regiment. He served as a medical officer with the First Canadian Corps in England until 1943 when, with the rank of Lt.-Colonel, he was posted back to Camp Borden, Ontario, to organize and

confident and lose interest in tuberculosis prevention."

He said that he believed strongly in the public's responsibility to intensify the fight against tuberculosis.

"To me," he said, "this means private citizens, private organizations and formal central government working together for a common cause. Neither doctors, nor governments, clinics nor sanatoria can eradicate the disease.

"Our greatest ally is public co-operation.

"And the future organization of that co-operation depends on you," he told delegates.

command an army school of hygiene. A year later he was made Assistant Director of Hygiene at the First Canadian Corps Headquarters in Italy and in 1945 he was promoted to Assistant Director, Headquarters, First Canadian Army in northwestern Europe.

During his war service he was mentioned in Dispatches and received an O.B.E.

In 1946 Dr. Elliott returned to public service as Director of Extension Health Services for the provincial health department, then in 1951 after serving for a time as Acting Director of the Health Services Division, was appointed Deputy Minister of Health.

He has been active in many professional associations and among other things is a Fellow of the American Public Health Association, a life member of the Winnipeg Medical Society and the College of Physicians and Surgeons of Manitoba, and past president of the Canadian Public Health Association.

The Sanatorium Board shall miss Dr. Elliott greatly . . . and we all extend to him and Mrs. Elliott our very warmest wishes for years of happiness and good health in their new home in Victoria.

Rehabilitation Unit at Brandon, Closes

The Sanatorium Board's Special Rehabilitation Unit at Assiniboine Hospital in Brandon will be closed on September 1 and the students transferred to Pembina House at Manitoba Sanatorium, Ninette.

The Social Orientation and Work Conditioning Unit, established by the Sanatorium Board in 1958 and supervised in recent years by Harold Weitman of Rapid City, has been a pioneer in helping young Indian and Metis people to integrate into urban living. The unit has provided accommodation for 16 persons at one time, and during the past eight years some 400 have been admitted for the three to four month program of basic education, social orientation and work conditioning and training. During the past few years entire families have also come under the plan.

Following the transfer of Assiniboine Hospital operations to the Brandon General Hospital at the end of last year, the Sanatorium Board's Special Rehabilitation Services in Winnipeg has been busy consolidating and expanding the program at Ninette. After September 1, the two Pembina Houses will accommodate about 40 men and women.

When Treating TB Alcoholics Remember . . .

1. Alcoholism is a disease or symptom of disease, not a crime. It is a medical, not a moral issue.
2. Recognize and accept the great personality and cultural differences that often separate staff and patients.
3. Bear in mind that serious obstacles to communication exist, and always try to see through the patient's eyes and hear through his ears.
4. Remember that the patient really does not want to be the way he is, even when he seems to accept and almost welcome his fate. Most have long since stopped arousing the guilty inner man. Many have never been outside the jungle of alcoholic living and know no other way of life. Most expect nothing but failure, and so never attempt to change.
5. See yourself in relation to each patient. Ask yourself if your decision and or action is for your own needs or the patient's.
6. Accept reasonable goals for treatment in each case and avoid the frustration of over-reaching. The tuberculosis hospital should not ignore the alcoholism and psychic disturbance, but it should realize its limitations in bringing about a change. There is no such thing as total cure either in tuberculosis or alcoholism.
7. Define the goal of treatment in each case and judge crises, setbacks and the patient's aberrant behavior objectively in the light of that goal.
8. Derive satisfaction from achieving part of your goal.
9. Be wary of generalizations, especially those used to justify repressive rules such as "You must make an example of him."
10. Don't be afraid to stretch: (a) Stretch your imagination in trying to see the world as it looks to the patient. (b) Stretch your ingenuity in trying to establish rapport with the patient. (c) Stretch your compassion when you must sit in judgment. Here above all, keep your eye on the goal.
11. Keep a sense of proportion, which is the same as a sense of humor.

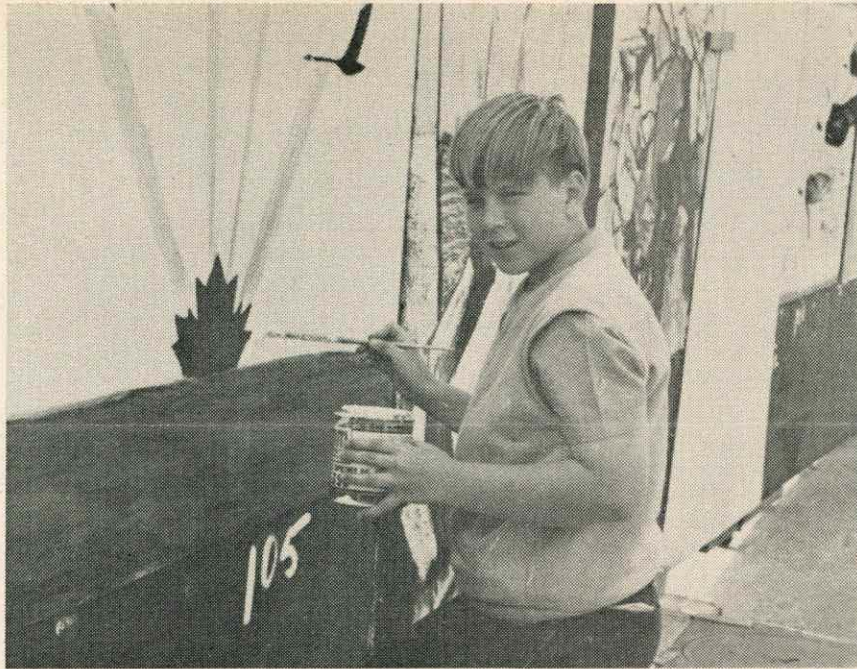
—Dr. A. W. Stinton
Temple University
School of Medicine

OFFICIAL TABLE OF EXCUSES

To save both your time and management's, please give your excuse by number.

1. That's the way we've always done it.
2. I didn't know you needed it right away.
3. That's his job, not mine. (Or: That's not my department; I wasn't hired to do that.)
4. No one told me to go ahead.
5. I'm waiting for an official OK.

Meet a Young Fence Artist



Last month 13-year-old Richard Mari, middle son of Sanatorium Board physician Paul Mari, was invited to join the Winnipeg Tribune's "Paint-in" at the new Manitoba Centennial Centre on Main Street.

Delighted, Richard accepted the invitation and worked out a theme for an oil pastel in which he substituted a brilliant maple leaf for the rising sun. For like the sun bursting over the horizon, he shyly explained, "Canada is rising to greatness".

Four Canada geese, pointed like arrows northward, completed the picture (see page 1). And a very

creditable effort it was, showing an unabashed patriotism that other youngsters would fully approve of, and we older people might well envy.

Richard, a straight-A student at Bannatyne School in St. James, was up against overwhelming competition from University of Manitoba art students and other adult artists. He didn't win a prize for his picture (his first big one, he said), but we felt he did a very good job indeed.

And we also decided that this picture . . . more than any other in the contest . . . had a lot to say about Canada's 100th birthday!

Rehabilitation Students at Ninette Given Jobs as Part of Training

Last month the rehabilitation program at Pembina House, Ninette, was expanded to include actual work experience for socially and vocationally handicapped students.

The plan, according to Supervisor of Special Rehabilitation Services Roger Butterfield, is to give the rehabilitants a better idea of what will be expected of them in the workaday world, and to give the teacher-counsellors a greater opportunity to assess the students and identify their special problems,

work habits and vocational interests.

The students, now entering the three-month training course, will spend the first three weeks in the classroom, then graduate to actual work experience in Manitoba Sanatorium's maintenance and service departments.

Students are asked to choose six areas in which they wish to work. These include: Electrical maintenance, paint shop, carpentry, power house, gardening, butchering and meat cutting, canteen, kitchen and cafeteria services, the laundry and sewing room, switchboard, the Pembina House office.

The student spends about one-half day in each area for a full week. The heads of each department treat the student the same as other employees and each week presents a report on his progress at a weekly meeting with the Pembina House staff.

During this time, the students also continue their classroom instruction and counselling sessions. On completion of the six weeks of work experience, the students return to the classroom full-time, hopefully with vocational goal in mind.

Rehabilitant Joins Young Crusaders

Students and staff at Pembina House, Ninette, are very proud about the appointment of one of their graduates to the newly formed Company of Young Canadians, an adventurous organization of about 250 young people recruited from across the country to deliver a concerted attack on poverty and ignorance both in Canada and underdeveloped areas of the world.

Twenty-six-year-old Roy Daniels, a Saulteaux Indian from the Long Plains Reserve who was among the first to graduate from our new rehabilitation program at Ninette, was chosen for the CYC in June and is one of only a few Indians serving in the group.

Roy was studying at the Brandon Vocational School when he applied for CYC membership last March. After interviews and tests, he was accepted for an eight-week training program in Nova Scotia. This program gives him intensive training in human relations and community development, and teaches him methods of instruction and the communication of knowledge and skills.

The main requirements for entering the two-year service with the CYC are that volunteers be over 18 years of age, that they show emotional maturity, personality, initiative and experience.

Roy, who considers this "the biggest break I've ever had", will work long hours for the company and receive only subsistence allowance.

He would like to work mainly with school drop-outs and juvenile delinquents, but will serve wherever he is needed most.

"I hope to help others learn and I expect to be learning, too," he said. "I will be getting a real education in the next two years . . . I am proud to be given the chance to serve my country."

* * *

Among the new faces at Pembina House these days are those of Frances Blumfield, Kelvin Brass, Elsie Cameron, Walter Cook, Ernest Hart, Harold Kematch, Sternie Kematch, Joseph McKay, Minnie Mink, Myrtle Mousseau, Geraldine Turner and Elnora Watts.

Dave Moose and George Boyer have left the unit to enter training courses at the Manitoba Institute of Technology in Winnipeg and Marge Bowers and Stanley Gott are now enrolled in the Basic Training Course for Skill Development, also in Winnipeg.

So They Said

Soap and education are not as sudden as a massacre, but they are more deadly in the long run.

—Mark Twain

* * *

I was gratified to be able to answer promptly, and I did. I said I didn't know.

—Mark Twain

Ninette's Annual Picnic Provided Fun for All

At exactly three o'clock on a glorious July afternoon, practically all the staff at Manitoba Sanatorium walked away from their jobs. Secretaries left their typewriters, the teachers closed their classrooms, maintenance men forsook whatever they happened to be doing, and all joined the doctors, nurses, patients and other people who were steadily streaming out of the buildings and onto the lawn.

It looked for a while like a general strike. But, of course, it wasn't. It was, simply, the annual Sanatorium picnic. The 30th, 40th or perhaps the 50th — no one can now remember.

But like all previous picnics at Ninette, it went down as a great success, filled with fun for both the patients and staff. It began as always with gay selections by the Sanatorium's very fine orchestra and a kind of variety show which included a "bull fight", impromptu dancing by the Pembina House students, and songs by teacher-counsellor Bob Galinoski (who has an excellent voice). It continued with races for the children, a pie-eating contest and, of course, a tug o' war; was highlighted by mounds of sumptuous food served by the dietary staff on the shady lawns, and ended well into the evening with a rather wild baseball game between the male and female members of the staff.

The baseball game was ridiculous. The men wore wigs, lipstick, no shoes and hi-jacked blue uniforms formerly worn by the cleaning women at Clearwater Lake Hospital. In spite of their encumbrances and the outrageous umpiring of switchboard operator Henry Young, they managed to win. How, we don't know! For it was the first time this observer had witnessed a baseball game in which a girl could strike out 10 or 12 times and still get to first base!

The bull fight also deserves special mention, for we were greatly impressed with the commanding performance of the matador, the sweetness and daintiness of the seniorita, and the ferocity of the bull, which was due, we understand, to a steady diet of tiger lilies



The watermelon and ice cream served on the tree-shaded lawns at Manitoba Sanatorium's annual picnic for patients and staff received the hearty approval of these little folk from Number One Pavilion.

and PAS. Terry O'Brien was the handsome, haughty bullfighter, Bill Broadhead, the winsome seniorita and Tony Hosak, her anxious duenna. Roger Butterfield was revealed as the rear end of the bull and Lynn Kusenko, the front end.

Other dramatis personae were

Medical Superintendent Dr. A. L. Paine, commentator; Brian Humes-ton, bull tender; and Rod McKenzie, the bull's nurse.

Rod also chaired the program for the entire picnic.

It was, as we said, a perfectly grand one!

HANDICRAFT PRIZES

Handicrafts from Manitoba Sanatorium were well in evidence at Pelican Lake Agricultural Society's 12th annual summer fair on June 25th. Thirty-four of the 46 articles entered by the patients and staff won prizes, and out of nine articles entered in a Court of Honor for exceptionally good craftwork, four came from the San.

These included an oil painting by Sanatorium teacher Miss Gladys Motheral, a pair of mukluks made by Mrs. Irene Cowley, a soapstone carving by Mike Bruce and a carved leather handbag by Robert Ballandine. Mrs. Cowley, Mr. Bruce and Mr. Ballandine are all patients.

Other first prizes were awarded to patients Mrs. Isabelle Keewatin, Mrs. Therese Koocher, Miss Jean Ledoux, Solomon Loonfoot, Mrs. Mary Ross, William Wesley, Maurice Ducharme and Nungnik Kingmelkyoak. Their crafts included beadwork, finger weaving, needlepoint, and polyfoam work.

Miss Erica Simons, of the general nursing staff, also won a first prize for a beautiful water color.

CTA LIFE MEMBER

A life membership in the Canadian Tuberculosis Association was awarded to Dr. E. L. Ross of the Sanatorium Board of Manitoba, in recognition of the 41 years he has devoted to the anti-tuberculosis crusade.

Dr. Ross, who joined the Board's medical staff at Ninette in June, 1925, and became medical director of the Sanatorium Board in 1946, was presented with the life membership at the CTA annual meeting in Saskatoon in June.

Six other Canadians received this honor — including Dr. Percy E. Moore, who recently retired as director of health services for the Department of National Health and Welfare, and Dr. D. G. Wherrett, former executive secretary of the Canadian Tuberculosis Association.



A dashing matador vanquishes a ferocious bull . . .



and a group of boys compete in an egg-and-spoon race.

BULLETIN BOARD

The staff of the Sanatorium Board extend warmest congratulations to our Executive Director T. A. J. Cunnings who was recently installed president of the Winnipeg Rotary Club.

* * *

We also express our best wishes to Dr. I. H. K. Stevens who this month retired from his position as consultant in physical medicine at the Manitoba Rehabilitation Hospital.

Dr. Stevens (M.B., L.R.C.P., M.R.C.S., D. Obst., R.C.O.G., M.R.C.P.) has been a member of the medical staff since he came to Canada in November, 1962, Borri in England, he is a graduate in medicine from the University of London.

Among other things he served for 15 years as a consultant in general medicine and physical medicine at Canterbury Hospital, and for 13 years as consultant and specialist in physical medicine with the Southeast Metropolitan Regional Hospital Board in London. Before coming to Winnipeg he was a consultant and specialist in physical medicine for the Wessex Regional Hospital Board.

Dr. Stevens has given outstanding service to our rehabilitation hospital and had a particular interest in the program for hemiplegic patients. We shall miss him very much, and extend to him and his family, our fond wishes for happiness and success.

* * *

Several members of the Sanatorium Board executive and staff were elected or appointed to office at the annual meeting of the Canadian Tuberculosis Association in June.

R. L. Bailey, vice-chairman of the Board, was made honorary assistant treasurer, and Frank Boothroyd, our new chairman, became a vice-president.

T. A. J. Cunnings and Dr. A. L. Paine, medical superintendent of Manitoba Sanatorium, became elected directors of the CTA. Dr. Paine is also a member of the Management Committee.

* * *

Ken More, M.P., of Regina, was named the new president of the Canadian Tuberculosis Association at the Saskatoon annual meeting, and Dr. Herman Gauthier of Sanatorium St. Georges, Mont Joli, P.Q., was named President-elect.

* * *

Dr. E. S. Hershfield, of the Central Tuberculosis Clinic medical staff, was recently made a Fellow of the College of Chest Physicians at a meeting in Chicago.

* * *

Bill Evans, plant superintendent, Manitoba Rehabilitation Hospital, has successfully completed a one-year home study course for department heads, sponsored by the Canadian Hospital Association.